

**COLUMBIA FENCERS' CLUB NEWSLETTER**

**CFC Nov-Dec 2019 HOLIDAY SCHEDULE**

**Kahn JCC:**

Th, Nov 28 Thanksgiving Day—No fencing  
 Tu's, Dec 24 and Dec 31—No Fencing

**Seven Oaks Park:**

Wed evening, Nov 27 *Fencing as usual*  
 Wed's Dec 25 and Jan 1— No Fencing



Feel free to pay drop-in daily rates any months you prefer.



Watch AskFred for the **JO (Junior Olympics) SC Qualifiers** tournament date. Likely **Sat, Dec 14** at Foothills. **See p. 3.**



**SAVE THE DATE!**

**January North American Cup (NAC)  
 Friday-Monday, January 3-6, 2020  
 Charlotte, N.C.**

**See our top US and World-Ranked fencers compete at the upcoming North American Cup in Charlotte! Athletes from many countries will be competing. Division I is a Qualifying Point Event to the US Olympic Team!**

Events during the 4 days include (besides Division I): Junior (ages 13-19, birth years 2000-2006), Senior Team (birth years 2006 or earlier), & Para Fencing.

**Spectator fees waived for all CFC members and 1 guest per member. USC students in Jane's PE Fencing classes and USC club also have spectator fees waived. Equipment vendors will be present. More info: <https://www.usafencing.org/2020-jan-north-american-cup>**

**New USA Fencing Policy this Season**

Coaches, Parents, Siblings, and fellow Athletes (e.g., club-mates) need credentials to coach an athlete during the one minute break at major events! The strip area is restricted. Credentials can be obtained at the registration desk.

**Greetings CFC Fencers & Friends!**

*We're happy to welcome Truett, Dorian, Jim, David P, Lillian, and Andrew K! And welcome back, Tison!*

*All Club Members: Please introduce yourself to any clubmates you don't know!*



Photo credit: Morgan Caulder



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### **Kahn JCC & Seven Oaks Park: Classes meet year round. Fees are month to month.**

**Classes begin promptly at 6:30 pm. Please arrive early, and be READY and SUITED UP.** Group instruction is provided for foil and epee. We are working on drills that are valuable to practice for all levels, foil & epee. **There may be adjustments of class times to accommodate all ages, levels, & weapons. Feedback welcome!** Pre-class bouts at Seven Oaks Park may begin at 6:00 pm for those interested. **Individual lessons available at both sites. Contact Jane for info and to schedule.** Observers and new fencers welcome. **(We do need a week's advance notice for those enrolling in order to arrange an individualized Intro/Overview for you.)**

**Kahn JCC site:** Fees are month to month. **Our CFC class meets Tu's & Th's 6:30-7:30 PM.** More bouts time is available until 8:45 PM. **Nov** fencing fees are due **Tu, Nov 5 or Th, Nov 7.** **Dec** fencing fees are due **Tu, Dec 3 or Th, Dec 5.** (Checks payable to "Kahn JCC" please, or credit card at desk.)



### **CFC/JCC fencing fee:**

**Once a week fencers: \$75/month** (Tu-only or Th-only)

**Twice a week fencers: \$95/month.**

(Each additional family member pays \$70/month for once a week or \$85/month for 2x/wk)

### **JCC members discounted fee:**

**Once a week: \$65/month** (Tu only or Th only).

**Twice a week: \$80/month** (plus the relevant monthly JCC membership fee). Each additional fencing member of family pays same JCC member-discount rate.

JCC Membership is not required. New JCC members who join to fence pay no joining fee and

receive a significant promotional discount off their JCC membership their first year. (Memberships for fencers are \$40 /month for individuals; \$70/month for families.) Additional categories of memberships are available for Single Parent-Child, Couples, Senior Couple, etc. Free babysitting is available for JCC members during workouts. The JCC will provide additional information about various categories of memberships and programs. <http://www.jccolumbia.org/> CFC offers a discount for collegiate fencers.

**Seven Oaks Park site:** Fees are month to month. Classes meet on Weds. **Nov** fees are due on **Wed, Nov 6.** **Dec** fees are due **Wed, Dec 4.** (Checks, credit card, or cash payable at front desk. Please arrive early to handle your account at the desk.) <http://www.icrc.net/seven-oaks-park> CFC offers a discount for collegiate fencers.



### **CFC/Seven Oaks Park fencing fee:**

**\$75 per month** (Each additional member of family: \$70.)

**6:00 – 6:30 PM** Open Fencing (Bouting)

**6:30 – 7:30 PM** Class

**7:30—8:45 PM** Additional bouts

**DROP IN Fees per visit at Seven Oaks Park or the JCC:** Local fencers not paying at either site may drop in to either site for **\$20 per visit.** If you are a 2/week fencer at one site, you may drop in to our other site for **\$5 per visit.** Fencers paying once a week at one site may drop in to the other site for **\$10 per visit.**

**You must be a current USA Fencing member at least at the noncompetitive (\$10/yr) membership level to participate in all CFC programs.** CFC is an Insured Member Club of USA Fencing. The USFA Fencing Season runs August 1, 2019—July 31, 2020. Join or renew either at the club or online at

<https://member.usfencing.org/>

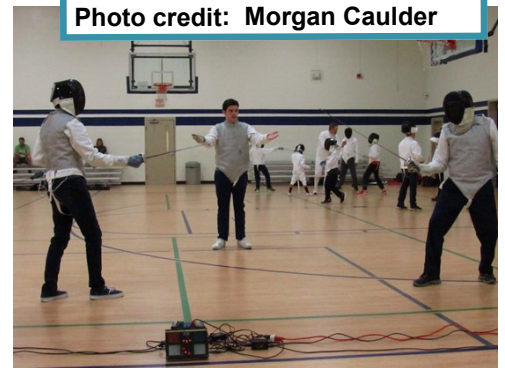
# COLUMBIA FENCERS' CLUB NEWSLETTER

## FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:

**How Do I Find Out About Tournaments?** Upcoming tournaments & clinics locally and around the country can be found at <http://askFRED.net/> (FRED is an acronym for Fencing Results and Events Database). **Be sure to check "AskFRED" regularly** as events are frequently added & cancelled. Have questions? Ask Jane.

Many regional events are listed on the USA Fencing website at <https://www.usafencing.org/regional-events>. We are in region 6. The schedule for the current season is posted and lists all Regional Youth Circuit (RYC), Super Youth Circuit (SYC), Regional Open Circuit (ROC), Regional Junior Cadet Circuit (RJCC), and Super Junior and Cadet Circuit events throughout the country. **North American Cups (NACs) and Nationals** are also listed on the USA Fencing website at <https://www.usafencing.org/national-events-calendar>. Select the season (2019-2020) and events from the calendars listed.

**How Do I arrange travel /carpools to tournaments?** If you have car space available, or need transportation, contact Jane or clubmates.



**The new (Aug 2019) Rulebook is online.** [https://cdn2.sportngin.com/attachments/document/6626-1950459/2019-08-USA-Fencing-Rules.pdf?\\_ga=2.51015081.1249519001.1566673047-2041363119.1555036558](https://cdn2.sportngin.com/attachments/document/6626-1950459/2019-08-USA-Fencing-Rules.pdf?_ga=2.51015081.1249519001.1566673047-2041363119.1555036558)

**Knowing the rules helps you as a fencer, not just as a referee!**

**The Athlete Handbook is at** [https://cdn2.sportngin.com/attachments/document/01e9-1956283/FINAL\\_2019\\_2020\\_Athlete\\_Handbook\\_\\_10\\_15\\_2019.pdf#\\_ga=2.159493181.1887172053.1572633690-2041363119.1555036558](https://cdn2.sportngin.com/attachments/document/01e9-1956283/FINAL_2019_2020_Athlete_Handbook__10_15_2019.pdf#_ga=2.159493181.1887172053.1572633690-2041363119.1555036558)

## UPCOMING EVENTS:

## JO Qualifiers for the SC Division of USA Fencing

will likely be held at Foothills Fencing Academy, Piedmont, SC, Sat, Dec 14, 2019. (The SC Division officers will be finalizing information soon.) **Please watch AskFred for the deadline to register for this tournament and details. Preregistration is required.**

**The SC Junior Olympics Qualifying Tournament (JO's)** determines who from the SC Division of USA Fencing qualifies to fence in the Cadet and Junior National Championships to be held in Columbus, Ohio, Feb 14-17, 2020. "JO's" are the **USA Fencing National Championships** for Under 16 ("Cadet") and Under 19 ("Junior") age groups in the US. Eligible birth years for JO's this season are 2000-2006 for Juniors and 2003-2006 for Cadets. (You may sign up **both** for cadet and junior qualifying events if age eligible.) Those qualifying from SC are eligible to fence at JO's in Columbus, Ohio, Feb 14-17, 2020. More information is at <https://www.usafencing.org/2020-junior-olympics>

**This SC qualifying event is a wonderful tournament for all our Cadet and Junior competitors to enter regardless of intent to qualify or attend JOs.** USA Fencing competitive membership is required plus regulation uniform and electric gear. **If your obstacle to fencing this tournament is equipment, please contact Jane immediately.**

**If three or fewer fencers are preregistered by the deadline for preregistration, those who registered will be the Qualifiers from SC, and the qualifying event will not be fenced.** Watch for SC Div info on <http://askFRED.net/>

**When is the Tiger Open this season?** Probably late Feb. Watch for info on askFred.



Congrats to Andrei and Ian R. on Bronze and Silver at Fall Fight at Foothills Oct 19, 2019



Ed preps for an upcoming tourney.

# COLUMBIA FENCERS' CLUB

## CFC CLUB INFORMATION

**GET-TOGETHERS:** Impromptu. None pre-scheduled this month.

**SIGN-IN SHEET:** Please remember to sign-in both at the Kahn JCC and Seven Oaks Park! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with our facilities' policies and requirements.* (We will enjoy "penalty brownies" from those who forget!)

**CLOTHING SAFETY REMINDERS:** *Legs, ankles, and torso must be fully covered.*

*Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouting. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first. (Our facilities are heated and air conditioned.)*

**POLICY REMINDER:** No CFC equipment may leave the Kahn JCC or Seven Oaks Park.



**USA FENCING MEMBERSHIP REQUIREMENT:** All participants at CFC practices must be at least "non-competitive" USA Fencing Members. The membership year runs Aug 1-July 31.

See current membership list here: <https://member.usfencing.org/search/members>

**(New members who joined on or after April 1, 2019—your memberships are valid through July 31, 2020. If you upgraded to Competitive membership for the first time on or after April 1, your Competitive level membership is valid through July 31, 2020!)**

If you join or renew online, please provide verification of your membership to Jane. **Your USA Fencing membership must be current to participate!**

**NEW FENCERS?** Know anyone who might be interested in learning to fence? **New fencers (youth and adults) are welcome to start throughout the year.** No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. There is no fee to observe. We do need a week's advance notice for those enrolling, in order to arrange an individualized Intro/Overview for you.

**You are welcome to join us at either of our locations!**



Our Wednesday Club site is **Seven Oaks Park**  
200 Leisure Lane  
Columbia, SC 29210  
<http://www.icrc.net/seven-oaks-park>

Best en gardes,

*Jane*

Jane R. Littmann, Ph.D. (803) 781-0056  
Coach & Co-Founder [JRL5837@yahoo.com](mailto:JRL5837@yahoo.com)  
Columbia Fencers' Club [www.columbiafc.com](http://www.columbiafc.com)

Our Tuesday and Thursday Club site is the **Katie and Irwin Kahn Jewish Community Center**  
306 Flora Drive, Columbia, SC 29223  
<http://www.jcccolumbia.org/>

*(If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)*

# COLUMBIA FENCERS' CLUB

Foil?  
Epee?

Photo credit: Morgan Caulder



Oh yeah—  
Long  
socks!!



**See you at Fencing!**



Photo credit: Morgan Caulder