

COLUMBIA FENCERS' CLUB NEWSLETTER



**HAVEN'T RENEWED
YOUR USA FENCING MEMBERSHIP?
PLEASE DO!**

The new fencing season runs
August 1, 2019 – July 31, 2020.

Your USA Fencing membership must
be current to participate at CFC.

Not sure? A current membership list—
including expiration dates— can be
found at [https://
member.usfencing.org/search/
members](https://member.usfencing.org/search/members)

Download the Current Member List.

You can renew either at the club
or online at [https://
member.usfencing.org/](https://member.usfencing.org/)

If you join or renew online,
please provide verification to Jane.

Greetings CFC Fencers & Friends!
Our 2019-20 Season is off to a great start!

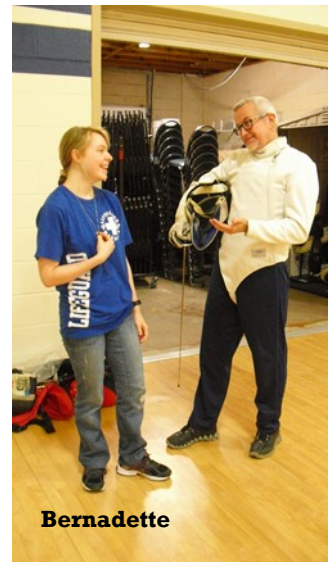
Welcome Landon, Sybil, Chaya, George W.,
Robert C., Zeb S., Ian B., Andrei, Sophie,
Quentin, Will, and Laura, and welcome back
Brad, Worth, and Killian!

All Club Members: Please introduce yourself
to any clubmates you do not know!



All the best to Bernadette, Adam, and
Luke as they head off to college!
We'll miss you!! See you on breaks!

Excited to meet our newest fencers!
Welcome!



Bernadette

SAVE THE DATE!

January North American Cup (NAC)
January 3-6, 2020
Charlotte, N.C.

World ranked fencers will be competing at the
upcoming North American Cup in Charlotte!

Events include Division I, Junior, Senior Team,
and Para Fencing. This is an exciting tournament
for all to view, especially during an Olympic
qualifying year! Vendors will also be present.

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Kahn JCC & Seven Oaks Park: Classes meet year round. Fees are month to month.

Classes begin promptly at 6:30 pm. Please arrive early, and be READY and SUITED UP. Group instruction is provided for foil and epee. We are working on drills that are valuable to practice for all levels, foil & epee. **There may be adjustments of class times to accommodate all ages, levels, & weapons. Feedback welcome!** Pre-class bouts at Seven Oaks Park may begin at 6:00 pm for those interested. **Individual lessons available at both sites. Contact Jane for info and to schedule.** Observers and new fencers welcome. **(We do need a week's advance notice for those enrolling in order to arrange an individualized Intro/Overview for you.)**

Kahn JCC site: Fees are month to month. **Our CFC class meets Tu's & Th's 6:30-7:30 PM.** More bouts time is available until 8:45 PM. **Sept** fencing fees are due **Tu, Sept 3 or Th, Sept 5.** **Oct** fencing fees are due **Tu, Oct 1 or Th, Oct 3.** (Checks payable to "Kahn JCC" please, or credit card at desk.)



CFC/JCC fencing fee:

Once a week fencers: \$75/month (Tu-only or Th-only)

Twice a week fencers: \$95/month.

(Each additional family member pays \$70/month for once a week or \$85/month for 2x/wk)

JCC members discounted fee:

Once a week: \$65/month (Tu only or Th only).

Twice a week: \$80/month (plus the relevant monthly JCC membership fee). Each additional fencing member of family pays same JCC member-discount rate.

JCC Membership is not required. New JCC members who join to fence pay no joining fee and

receive a significant promotional discount off their JCC membership their first year. (Memberships for fencers are \$40 /month for individuals; \$70/month for families.) Additional categories of memberships are available for Single Parent-Child, Couples, Senior Couple, etc. Free babysitting is available for JCC members during workouts. The JCC will provide additional information about various categories of memberships and programs. <http://www.jccolumbia.org/> CFC offers a discount for collegiate fencers.

Seven Oaks Park site: Fees are month to month. Classes meet on Weds. **Sept** fees are due on **Wed, Sept 4.** **Oct** fees are due **Wed, Oct 2.** (Checks, credit card, or cash payable at front desk. Please arrive early to handle your account at the desk.) <http://www.icrc.net/seven-oaks-park> CFC offers a discount for collegiate fencers.



CFC/Seven Oaks Park fencing fee:

\$75 per month (Each additional member of family: \$70.)

6:00 – 6:30 PM Open Fencing (Bouting)

6:30 – 7:30 PM Class

7:30—8:45 PM Additional bouts

DROP IN Fees per visit at Seven Oaks Park or the JCC: Local fencers not paying at either site may drop in to either site for **\$20 per visit.** If you are a 2/week fencer at one site, you may drop in to our other site for **\$5 per visit.** Fencers paying once a week at one site may drop in to the other site for **\$10 per visit.**

You must be a current USA Fencing member at least at the noncompetitive (\$10/yr) membership level to participate in all CFC programs. CFC is an Insured Member Club of USA Fencing. The USFA Fencing Season runs August 1, 2019—July 31, 2020. Join or renew either at the club or online at

<https://member.usfencing.org/>

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FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:

How Do I Find Out About Tournaments? Upcoming tournaments & clinics locally and around the country can be found at <http://askFRED.net/> (FRED is an acronym for Fencing Results and Events Database). **Be sure to check "AskFRED" regularly** as events are frequently added & cancelled. **Have questions? Ask Jane.**

UPCOMING EVENTS: (See <http://askFRED.net/>) Limit your search by entering your zip code and how many miles you are willing to travel, or by weapon, age category, etc. Sign up early if you plan to go as a courtesy to the organizers. Remove your name if you need to cancel.

Many regional events are listed on the USA Fencing website at <https://www.usafencing.org/regional-events>. We are in region 6. The schedule for the current season is posted and lists all Regional Youth Circuit (RYC), Super Youth Circuit (SYC), Regional Open Circuit (ROC), Regional Junior Cadet Circuit (RJCC), and Super Junior and Cadet Circuit events throughout the country. **North American Cups (NACs) and Nationals** are also listed on the USA Fencing website at <https://www.usafencing.org/national-events-calendar>. Select the season (2019-2020) and events from the calendars listed.

Mark your calendars for January 3–6, 2020! The January North American Cup returns to Charlotte! Division I, Junior, Senior Team, and Para Fencing. Equipment Vendors will be there.

The new (Aug 2019) Rulebook is now online. https://cdn2.sportngin.com/attachments/document/6626-1950459/2019-08-USA-Fencing-Rules.pdf?_ga=2.51015081.1249519001.1566673047-2041363119.1555036558

Knowing the rules helps you as a fencer, not just as a referee! Ask Jane about fencing terminology or rules you don't understand.

How Do I arrange travel /carpools to tournaments? If you have car space available, or need transportation, contact Jane or clubmates. **Coaching at Competitions?** Contact Jane preferably a month ahead of the event.



How Do I save on equipment costs? Notify Jane or others re: (1) outgrown gear you wish to sell, or (2) plans to order equipment so you can combine orders with others and save on shipping. Sellers: Please email a description of what you have including sizes, RH/LH, manufacturer/company, and sale price.



COLUMBIA FENCERS' CLUB

CFC CLUB INFORMATION

GET-TOGETHERS: Impromptu. None pre-scheduled this month.

SIGN-IN SHEET: Please remember to sign-in both at the Kahn JCC and Seven Oaks Park! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with our facilities' policies and requirements.* (We will enjoy "penalty brownies" from those who forget!)

CLOTHING SAFETY REMINDERS: *Legs, ankles, and torso must be fully covered.*

Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouting. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first. (Our facilities are air conditioned.)

POLICY REMINDER: No CFC equipment may leave the Kahn JCC or Seven Oaks Park.



USA FENCING MEMBERSHIP REQUIREMENT: All participants at CFC practices must be at least "non-competitive" USA Fencing Members. The membership year runs Aug 1-July 31.

See current membership list here: <https://member.usfencing.org/search/members>

(New members who joined on or after April 1, 2019—your memberships are valid through July 31, 2020. If you upgraded to Competitive membership for the first time on or after April 1, your Competitive level membership is valid through July 31, 2020!)

If you join or renew online, please provide verification of your membership to Jane. **Your USA Fencing membership must be current to participate!**

NEW FENCERS? Know anyone who might be interested in learning to fence? **New fencers (youth and adults) are welcome to start throughout the year.** No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. There is no fee to observe. We do need a week's advance notice for those enrolling, in order to arrange an individualized Intro/Overview for you.

You are welcome to join us at either of our locations!



Our Wednesday Club site is **Seven Oaks Park**
200 Leisure Lane
Columbia, SC 29210
<http://www.icrc.net/seven-oaks-park>

Best en gardes,

Jane

Jane R. Littmann, Ph.D. (803) 781-0056
Coach & Co-Founder JRL5837@yahoo.com
Columbia Fencers' Club www.columbiafc.com

Our Tuesday and Thursday Club site is the **Katie and Irwin Kahn Jewish Community Center**
306 Flora Drive, Columbia, SC 29223
<http://www.jcccolumbia.org/>

(If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)

COLUMBIA FENCERS' CLUB



Intro/Overview for new fencers!



See you at Fencing!

