

# COLUMBIA FENCERS' CLUB NEWSLETTER

**Happy New Year**  
**CFC Fencers & Friends,**

*Welcome Krish and Jason B!*

*Congratulations to Luke on acceptance to the United States Air Force Academy!*

*CFC Fencers -- Please introduce yourself*

*to any clubmates you don't know!*



**Junior Olympic "JO" Qualifiers for the SC Division of USA Fencing** were held at Glenforest School in West Columbia on Sunday, Dec. 9, 2018. "JO's" are the **USA Fencing National Championships** for Under 16 ("Cadet") and Under 19 ("Junior") age groups in the US. Those qualifying from SC are eligible to fence at JO's in Denver, Colo. Feb 15-18, 2019. **Congratulations to CFC's Sean Won** for his **Silver medal in Cadet Men's Epee** and **5th in Junior Men's Epee!**



Sean

**Watch the top fencers in the US compete!**

**North American Cup (NAC)** (Fri, Sat, Sun, Mon)

**January 4-7, 2019 in Charlotte!**

**Division I, Junior, Senior Team, & Wheelchair Men's & Women's Foil, Epee, & Saber**

<https://www.usafencing.org/2019-jan-nac>

**Venue:** Charlotte Convention Center  
501 S College St.  
Charlotte, NC 28202

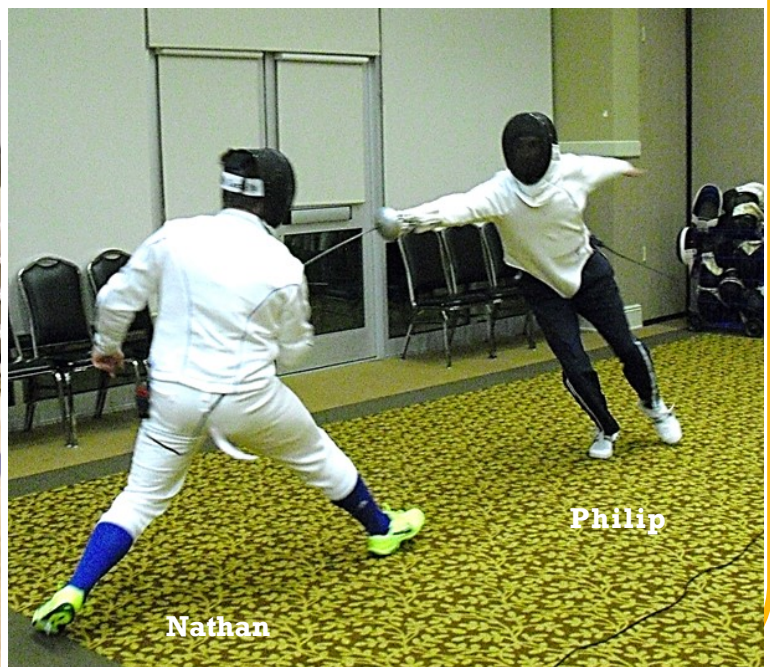
**ALL CFC Spectators ADMITTED FREE!**

**(Per the National Office, let the ticket issuers know you are local.)**

Jane will be there to serve as a coach/mentor for CFC members. **Please contact [JRL5837@yahoo.com](mailto:JRL5837@yahoo.com) by Th, 1/3/19 9 PM** or call 803-466-5837 to coordinate.

**Equipment vendors will be present.**

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Nathan

Philip

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### **Kahn JCC & Seven Oaks Park: Classes meet year round. Fees are month to month.**

**Classes begin promptly at 6:30 pm. Please arrive early, and be READY and SUITED UP.** Group instruction is provided for foil and epee. We are working on drills that are valuable to practice for all levels, foil & epee. **There may be adjustments of class times to accommodate all ages, levels, & weapons. Feedback welcome!** Pre-class bouting at Seven Oaks Park may begin at 6:00 pm for those interested. **Individual lessons available at both sites. Contact Jane for info and to schedule.** Observers and new fencers welcome. **(We do need a week's advance notice for those enrolling in order to arrange an individualized Intro/Overview for you.)**

**Kahn JCC site:** Fees are month to month. **Our CFC class meets Tu's & Th's 6:30-7:30 PM. More bouting time is available until 8:45 PM. January fencing fees are due Th, Jan 3 or Tu, Jan 8.** (Checks payable to "Kahn JCC" please, or credit card at desk.)

#### **CFC/JCC combined fee:**

**Once a week fencers: \$75/month** (Tu-only or Th-only) **Twice a week fencers: \$95/month.**

(Each additional family member pays \$70/month for once a week or \$85/month for 2x/wk)

**JCC members discounted fee:** **Once a week: \$65/month** (Tu only or Th only). **Twice a week: \$80/month** (plus the relevant monthly JCC membership fee). Each additional fencing member of family pays same JCC member-discount rate.

JCC Membership is not required. New JCC members who join to fence pay no joining fee and receive a significant promotional discount off their JCC membership their first year. (Memberships

for fencers are \$40 /month for individuals; \$70/month for families.) Additional categories of memberships are available for Single Parent-Child, Couples, Senior Couple, etc. Free babysitting is available for JCC members during workouts. The JCC will provide additional information about various categories of memberships and programs. <http://www.jcccolumbia.org/> **CFC offers a discount for collegiate fencers.**

**Seven Oaks Park site:** Fees are month to month. Classes meet on Weds. **Dues are due on Wed., Jan 2.** (Checks, credit card, or cash payable at front desk. Please arrive early to handle your account at the desk.) <http://www.icrc.net/seven-oaks-park> **CFC offers a discount for collegiate fencers.**

#### **CFC/Seven Oaks Park combined fee:**

**\$75 per month** (Each additional member of family: \$70.)

**6:00 – 6:30 PM** Open Fencing (Bouting)

**6:30 – 7:30 PM** Class

**7:30—8:45 PM** Additional bouting

**DROP IN Fees per visit at Seven Oaks Park or the JCC:** Local fencers not paying at either site may drop in to either site for \$20 per visit. If you are a 2/week fencer at one site, you may drop in to our other site for \$5 per visit. Once a week fencers may drop in to the other site for \$10 per visit.

**You must be a current USA Fencing member at least at the noncompetitive (\$10/yr) membership level to participate in all CFC programs. CFC is an Insured Member Club of USA Fencing.** USA Fencing Season runs August 1, 2018—July 31, 2019. You can join or renew either at the club or online at <https://member.usfencing.org/>





# COLUMBIA FENCERS' CLUB NEWSLETTER

## FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:

**How Do I Find Out About Tournaments?** Upcoming tournaments & clinics in SC, NC, & GA and around the country can be found at <http://askFRED.net/> (FRED is an acronym for Fencing Results and Events Database). Be sure to check "AskFRED" regularly as events are frequently added & cancelled.

### UPCOMING EVENTS include:

Fri-Mon, Jan 4-7, 2019— **North American Cup (NAC) in Charlotte.** CFC spectators free.

<https://www.usafencing.org/2019-jan-nac>

Sat-Sun, Jan 12-13—Apex Challenge, RYC. Youth 10, 12, 14 Foil and Epee. Apex, NC.

[https://askfred.net/Events/moreInfo.php?tournament\\_id=42396](https://askfred.net/Events/moreInfo.php?tournament_id=42396)

Sat-Sun, Jan 20-21—UGA Open 2019. Athens, GA. Mixed & Div3 Foil & Epee. [https://askfred.net/Events/whoIsComing.php?tournament\\_id=42283](https://askfred.net/Events/whoIsComing.php?tournament_id=42283)

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Sat, Jan 26—Old Man Winter, Wilmington, NC.

Foil, Epee, Vet Epee. [https://askfred.net/Events/whoIsComing.php?tournament\\_id=42579](https://askfred.net/Events/whoIsComing.php?tournament_id=42579)

Fri-Sun, Feb 1-3—Capitol Clash. National Harbor, VA (near Washington DC). Youth 8, 10, 12, 14, Cadet; and Vet; SYC, RCC, HEMA. Clinics. [https://askfred.net/Events/moreInfo.php?tournament\\_id=42464](https://askfred.net/Events/moreInfo.php?tournament_id=42464) and <https://www.capitolclash2019.com/clinics> (Jane will be there but as a referee.)

Sat-Sun, Feb 9-10—Volunteer Open 2019. Univ of TN, Knoxville. Mixed & Div3 Foil & Epee. [https://askfred.net/Events/whoIsComing.php?tournament\\_id=40926](https://askfred.net/Events/whoIsComing.php?tournament_id=40926)

Sat, Mar 9—St. Patty's Slash. Savannah, GA. Mixed Epee; Women's Epee. [https://askfred.net/Events/whoIsComing.php?tournament\\_id=42228#167952](https://askfred.net/Events/whoIsComing.php?tournament_id=42228#167952)

—**North American Cups (NACs) and Nationals** are listed on the USA Fencing website. <https://www.usafencing.org/home>

—The **2018-19 USA Regional Calendar** is at [https://cdn3.sportngin.com/attachments/document/798e-1655472/2018-19 Regional Event Schedule.pdf](https://cdn3.sportngin.com/attachments/document/798e-1655472/2018-19%20Regional%20Event%20Schedule.pdf)

**Where Do I Find a copy of the RULEBOOK?** Knowing the rules helps you as a fencer, not just as a referee. The **AUGUST, 2018** Rulebook is the most current. <http://www.refereescommission.org/blog/wp-content/uploads/2018/08/2018-08-USA-Fencing-Rules.pdf> and <https://www.usafencing.org/usa-fencing-rule-book>



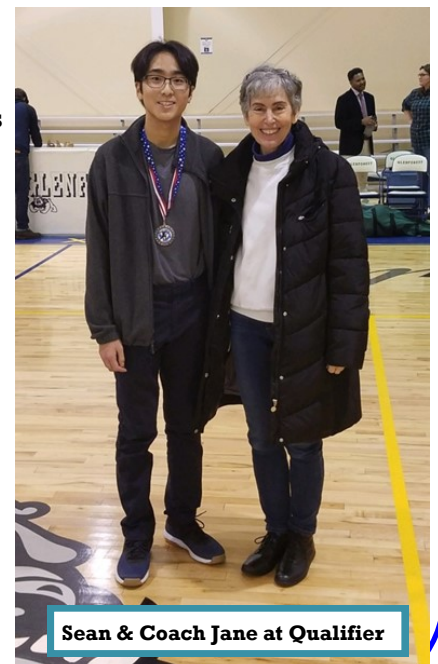
**How Do I arrange travel carpools or coaching?** **Travel:** If you have car space available, or need transportation, contact Jane or clubmates. **Coaching at Competitions:** Contact Jane preferably a month ahead of the event.

**How Do I save on equipment costs?** Notify Jane or others re: (1) outgrown gear you wish to sell, or (2) plans to order equipment so you can combine orders with others and save on shipping. Sellers: Please email a description of what you have including sizes, RH/LH, manufacturer/company, and sale price.

**Sale:** an almost new RH electric epee starter set: 1 electric epee, 1 body cord, glove (Lg), epee mask (Med), men's jacket (42), men's plastic chest protector (XL), plastron (Lg), and red bag. Contact Michelle 803-309-3051.



Nathan & Philip bouting epee



Sean & Coach Jane at Qualifier

# COLUMBIA FENCERS' CLUB

## CFC CLUB INFORMATION

**GET-TOGETHERS:** Impromptu. None pre-scheduled this month.

**SIGN-IN SHEET:** Please remember to sign-in both at the Kahn JCC and Seven Oaks Park! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with our facilities' policies and requirements.* (We will enjoy "penalty brownies" from those who forget!)

**CLOTHING SAFETY REMINDERS:** *Legs, ankles, and torso must be fully covered.*

*Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouting. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first. (Our facilities are air conditioned.)*

**POLICY REMINDER:** No CFC equipment may leave the Kahn JCC or Seven Oaks Park.

**USA FENCING MEMBERSHIP REQUIREMENT:** All participants at CFC practices must be at least "non-competitive" USA Fencing Members. The membership year runs Aug 1-July 31. See current membership list here: <https://member.usfencing.org/search/members>



If you join or renew online, please provide verification of your membership to Jane. **Your USA Fencing membership must be current to participate!**

**NEW FENCERS?** Know anyone who might be interested in learning to fence? **New fencers (youth and adults) are welcome to start throughout the year.** No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. There is no fee to observe. We do need **a week's advance notice for those enrolling**, in order to arrange an individualized Intro/Overview for you.

**You are welcome to join us at either of our locations!**



Our Wednesday Club site is **Seven Oaks Park**  
200 Leisure Lane  
Columbia, SC 29210  
<http://www.icrc.net/seven-oaks-park>



Our Tuesday and Thursday Club site is the **Katie and Irwin Kahn Jewish Community Center**  
306 Flora Drive, Columbia, SC 29223  
<http://www.jcccolumbia.org/>

**Best en gardes,**

*Jane*

Jane R. Littmann, Ph.D. (803) 781-0056  
Coach & Co-Founder [JRL5837@yahoo.com](mailto:JRL5837@yahoo.com)  
Columbia Fencers' Club [www.columbiafc.com](http://www.columbiafc.com)

*(If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)*



# COLUMBIA FENCERS' CLUB



**Epee is Best !**



**Teamwork!**



**Mike K.**



**Need help ordering gear?  
Flyers available for electric  
and practice.**



**Dads in Fencing Lounge at Seven Oaks Park**



**2019 Fencers?**



**Foil is Best!**



**See you at Fencing!**

