

# COLUMBIA FENCERS' CLUB

**Greetings CFC Fencers & Friends,**  
*Welcome Ben, Tehya-lani, and Christopher!*  
*And thanks for visiting, Lorelei and Bobby!*  
**CFC Fencers -- Be sure to introduce yourself to**  
*all your clubmates and our visitors!*

**Foil and Epee fencers from Augusta, Charlotte, Charleston, Greenville, USC, Manning, & both our CFC sites gathered for an Interclub Scrimmage in Columbia on Sunday, June 10 at Seven Oaks Park hosted by CFC.** All enjoyed the afternoon practicing tournament bouting, refereeing, & tourney scorekeeping, together with fellow fencers. Thanks for coming! Let's have another?



**CFC  
meets  
year  
round!**

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## COLUMBIA FENCERS' CLUB NEWSLETTER

### **Kahn JCC & Seven Oaks Park: Classes meet year round. Fees are month to month.**

**Classes begin promptly at 6:30 pm. Please arrive early, and be READY and SUITED UP.** Group instruction is provided for foil and epee. We are working on drills that are valuable to practice for all levels, foil & epee. **There may be adjustments of class times to accommodate all ages, levels, & weapons. Feedback welcome!** Pre-class bouts at Seven Oaks Park may begin at 6:00 pm for those interested. **Individual lessons available at both sites. Contact Jane for info and to schedule.** Observers and new fencers welcome. (We do need a week's advance notice for those enrolling in order to arrange an individualized Intro/Overview for you.)

**Kahn JCC site:** Fees are month to month. **Our CFC class meets Tu's & Th's 6:30-7:30 PM. More bouts time is available until 8:45 PM. June fencing fees are due Tu, July 3, or Th, July 5.** (Checks payable to "Kahn JCC" please, or credit card at desk.)



#### **CFC/JCC combined fee:**

**Once a week fencers: \$75/month** (Tu-only or Th-only) **Twice a week fencers: \$95/month.**

(Each additional family member pays \$70/month for once a week or \$85/month for 2x/wk)

**JCC members discounted fee: Once a week: \$65/month** (Tu only or Th only). **Twice a week: \$80/month** (plus the relevant monthly JCC membership fee). Each additional fencing member of family pays same JCC member-discount rate.

JCC Membership is not required. New JCC members who join to fence pay no joining fee and receive a significant promotional discount off their JCC membership their first year. (Memberships for fencers are \$40 /month for individuals; \$70/month for families.) Additional categories of memberships are available for Single Parent-Child, Couples, Senior Couple, etc. Free babysitting is available for JCC members during workouts. The JCC will provide additional information about various categories of memberships and programs. <http://www.jcccolumbia.org/> **CFC offers a discount for collegiate fencers.**

**Seven Oaks Park site:** Fees are month to month. Classes meet on Weds. **There is no Fencing on Wed, July 4, as the facility will be closed for Independence Day. July dues are due on Wed, July 11.**

(Checks, credit card, or cash payable at front desk. Please arrive early to handle your account at the desk.)

<http://www.icrc.net/seven-oaks-park>

**CFC offers a discount for collegiate fencers.**

#### **CFC/Seven Oaks Park combined fee:**

**\$56 for July since there are only 3 classes.**

**Or, fencers may pay the drop-in fee of \$20 per class.**

**6:00 – 6:30 PM** Open Fencing (Bouting)

**6:30 – 7:30 PM** Class

**7:30—8:45 PM** Additional bouts



#### **DROP IN Fees per visit at Seven Oaks Park or the**

**JCC:** Local fencers not paying at either site may drop in to either site for \$20 per visit. If you are a 2/week fencer at one site, you may drop in to our other site for \$5 per visit. Once a week fencers may drop in to the other site for \$10 per visit.

**You must be a current USA Fencing member at least at the noncompetitive (\$10/yr.) membership level to participate in all CFC programs. CFC is an Insured Member Club of USA Fencing.**

**You can join or renew either at the club or online at <https://member.usfencing.org/>**

# COLUMBIA FENCERS' CLUB NEWSLETTER

## **FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:**

**How Do I Find Out About Tournaments?** Upcoming tournaments and clinics in SC, NC, & GA and around the country can be found at <http://askFRED.net/> (FRED is an acronym for Fencing Results and Events Database). **Be sure to check "AskFRED" regularly** as events are frequently added and cancelled. North American Cups and Nationals are listed on the USA Fencing website. <https://www.usafencing.org/home>

**Where Do I Find a copy of the RULEBOOK?** Knowing the rules helps you as a fencer, not just as a referee. The **JUNE 1, 2018 Rulebook** is the most current. <http://www.refereescommission.org/blog/wp-content/uploads/2018/06/2018-USA-Fencing-Rules.pdf>

**FOIL Rule change re: Chest Protectors** (Effective Aug. 1, 2018 for all USA Fencing sanctioned competitions, and some events at Summer Nationals 2018): **Specifies that at foil**, the entire outside of the chest protector (the side facing the opponent) must be covered with a soft material (the rule gives more specifications), and this breast/chest protector must be worn inside the protective plastron. (The softer rather than hard surface reduces the frequency of a "debounce" where a touch fails to register because it glances off the hard protective surface.) Chest protectors continue to be mandatory for women and optional for men. See <http://www.refereescommission.org/blog/2018/04/> and [https://www.usafencing.org/news\\_article/show/922236?referrer\\_id=2272806](https://www.usafencing.org/news_article/show/922236?referrer_id=2272806) for more information.

## **How Do I arrange travel carpools or coaching?**

**Coordinating travel:** If you have car space available, or need transportation, please let Jane or others in the club know.



**Coaching at Competitions:** If you would like coaching at upcoming competitions, please contact Jane preferably a month ahead of the event.

**How Do I save on equipment costs?** Often several fencers are placing equipment orders from the same company at nearly the same time. Let Jane or others know so you can combine orders and save on shipping. Also, fencers who have outgrown their gear may wish to sell it to younger fencers at a reduced price. Please write down a description of what you have including sizes, RH/LH, manufacturer/company, and sale price. Jane will make this information available to the club.



Note: Not all events listed on AskFred are sanctioned (approved) events by USA Fencing and its divisions. Sanctioned events follow USA Fencing rules, are insured through our national governing body, and permit earning classifications according to the strength of the event and final results of the fencers. To enter sanctioned USA Fencing competitions, you must be a 'competitive' member of USA Fencing and have regulation clothing and regulation electric equipment. **Please contact Jane if you have questions about ordering equipment, or entering competitions, e.g., which events might be appropriate for you.**



# COLUMBIA FENCERS' CLUB

## CFC CLUB INFORMATION

**GET-TOGETHERS:** Impromptu. None pre-scheduled this month.

**SIGN-IN SHEET:** Please remember to sign-in both at the Kahn JCC and Seven Oaks Park ! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with our facilities' policies and requirements.* (We will enjoy "penalty brownies" from those who forget!)

**CLOTHING SAFETY REMINDERS:** *Legs, ankles, and torso must be fully covered.*

*Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouting. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first. (Our facilities are air conditioned.)*

**POLICY REMINDER:** No CFC equipment may leave the Kahn JCC or Seven Oaks Park.

**USA FENCING MEMBERSHIP REQUIREMENT:** All participants at CFC practices must be at least "non-competitive" USA Fencing Members. **(New members who join on or after April 1, 2018—your memberships are valid through July 31, 2019. If you upgrade to Competitive membership for the first time on or after April 1, your Competitive level membership will be valid through July 31, 2019!)** See current membership list here: <https://member.usfencing.org/search/members>



If you join or renew online, please provide verification of your membership to Jane. **Your USA Fencing membership must be current to participate!**

**NEW FENCERS?** Know anyone who might be interested in learning to fence? **New fencers (youth and adults) are welcome to start throughout the year.** No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. There is no fee to observe. We do need a **week's advance notice for those enrolling**, in order to arrange an individualized Intro/Overview for you.

**You are welcome to join us at either of our locations!**



Our Wednesday Club site is **Seven Oaks Park**  
200 Leisure Lane  
Columbia, SC 29210  
<http://www.icrc.net/seven-oaks-park>

**Best en gardes,**  
  
*Jane*  
  
Jane R. Littmann, Ph.D. (803) 781-0056  
Coach & Co-Founder [JRL5837@yahoo.com](mailto:JRL5837@yahoo.com)  
Columbia Fencers' Club [www.columbiafc.com](http://www.columbiafc.com)

Our Tuesday and Thursday Club site is the **Katie and Irwin Kahn Jewish Community Center**  
306 Flora Drive, Columbia, SC 29223.  
<http://www.jcccolumbia.org/>

*(If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)*



# COLUMBIA FENCERS' CLUB



**See you  
at  
Fencing!**

