COLUMBIA FENCERS' CLUB

Greetings CFC Fencers & Friends! Welcome Adam, Tim, Logan, Jackson, & welcome back Vijay! Fencers at both sites-- Please introduce yourself to your clubmates!

Our CFC Wed site moves from Harbison to Seven Oaks Park



starting this Wednesday, Oct. 4, 2017! Class (as usual): 6:30-7:30 pm. Fencing 6:00-9:00 pm. Please come early to register. Here's our new space—







Welcome New Fencers!	1
Seven Oaks Park (Our New Wed Site) Starts Oct. 4	1
Interclub Scrimmages are underway!	1&3
CFC Dues, Fees & Classes (Kahn JCC & Seven Oaks Park)	2
Competitors' Information	3
Club Photos	3
CFC Club Info Policies & Safety	4

COLUMBIA FENCERS' CLUB NEWSLETTER

Kahn ICC & Seven Oaks Park: Classes meet year round. Fees are month to month. Classes begin promptly at 6:30 pm. Please arrive early, and be READY and SUITED UP. Group instruction is provided for foil and epee. We are working on drills that are valuable to practice for all levels, foil & epee. There may be adjustments of class times to accommodate all ages, levels, & weapons. Feedback welcome! Pre-class bouting at Seven Oaks Park may begin at 6:00 pm for those interested. Individual lessons available at both sites. Contact Jane for info and to schedule. (Observers and new fencers welcome.)

Kahn ICC site: Fees are month to month.

Our CFC class meets Tu's & Th's 6:30-7:30 PM with additional bouting time available until 8:45 PM. October fencing fees are due Tu, Oct 3, or Th, Oct 5. (Checks payable to "Kahn ICC" please.)



CFC/JCC combined fee:

Once a week fencers: \$75/month (Tu-only or Thonly) Twice a week fencers: \$95/month. (Each additional family member pays \$70/ month for once a week or \$85/month for twice a week.)

ICC members discounted fee: Once a week: \$65/month (Tu only or Th only). Twice a week: \$75/month (plus the relevant monthly ICC membership fee). Each additional fencing member of family pays same JCC memberdiscount rate.

ICC Membership is not required. New ICC members who join to fence pay no joining fee and receive a significant promotional discount off their ICC membership their first year. (Memberships for fencers are \$40 /month for individuals; \$70/month for families.) Additional categories of memberships are available for Single Parent-Child, Couples, Senior Couple, etc. Free babysitting is available for ICC members during workouts among many other programs and discounts. The JCC will provide additional information about various categories of memberships and programs. http://www.jcccolumbia.org/

Seven Oaks Park site: We begin at Seven Oaks on Wed, October 4, 2017. Fees are month to month. Classes meet on Weds. Dues are due on Wed, Oct 4. (Checks, Credit card, or cash payable at front desk. Please arrive early to set up your account.) http://www.icrc.net/seven-oaks-park

CFC/Seven Oaks Park combined fee: \$75 per month (same as before)

(Each additional member of family: \$70.)

6:00 – 6:30 PM Open Fencing (Bouting)

6:30 - 7:30 PM Class

7:30—8:45 PM Additional bouting

DROP IN Fees per visit at Seven Oaks Park or the JCC: Local fencers not paying at either site may drop in to either site for \$20 per visit. If you are a 2/week fencer at one site, you may drop in to our other site for \$5 per visit. Once a week fencers may drop in to the other site for \$10 per visit.



You must be a <u>current USA Fencing member</u> at least at the noncompetitive (\$10/yr.) membership level to participate in all CFC programs. CFC is an Insured Member Club of USA Fencing.

You can join or renew either at the club or online at https://member.usfencing.org/

COLUMBIA FENCERS' CLUB NEWSLETTER



FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:

How Do I Find Out About Tournaments? Upcoming tournaments and clinics in SC, NC, & GA and around the country can be found at http://askFRED.net/ (FRED is an acronym for Fencing Results and Events Database). Be sure to check "AskFRED" regularly as events are frequently added and cancelled.

Clemson's Tiger Open is Oct 21-22, 2017. (This in NOT just collegiate!) https://askfred.net/Events/moreInfo.php?tournament_id=37324



Coordinating travel: If you have car space available, or need transportation, please let me or others in the club know.

Coaching at Competitions: If you would like coaching at upcoming competitions, please contact Jane preferably a month ahead of the event.

<u>FENCING RULES & Refereeing</u>: Knowing the rules helps you as a fencer, not just as a referee. The Aug 1, 2016 Rulebook is the most current.

See http://www.fencingofficials.org/blog/wp-content/uploads/2016/08/2016-USA-Fencing-Rules.pdf

Note: Not all events listed on AskFred are sanctioned (approved) events by USA Fencing and its divisions. Sanctioned events follow USA Fencing rules, are insured through our national governing body, and permit earning classifications according to the strength of the event and final results of the fencers. To enter sanctioned USA Fencing competitions, you must be a 'competitive' member of USA Fencing and have regulation clothing and regulation electric equipment. Please contact Jane if you have questions about ordering equipment, or entering competitions, e.g., which events might be appropriate for you.

COLUMBIA FENCERS' CLUB

CFC CLUB INFORMATION

GET-TOGETHERS: Impromptu. None pre-scheduled this month.

<u>SIGN-IN SHEET</u>: Please remember to sign-in both at the Kahn JCC and Seven Oaks Park! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with our facilities' policies and requirements.* (We will enjoy "penalty brownies" from those who forget!)

CLOTHING SAFETY REMINDERS: Legs, ankles, and torso must be fully covered.

Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouting. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first. (Our facilities are air conditioned.)

POLICY REMINDER: No CFC equipment may leave the Kahn JCC or Seven Oaks Park.

<u>USA FENCING MEMBERSHIP REQUIREMENT</u>: All participants at CFC practices must be at least "non-competitive" USA Fencing Members. (New members who joined on or after April 1, 2017—your memberships are valid through July 31, 2018. If you upgraded to

nembership is valid

BUSE ENGAGE

Competitive membership for the first time on or after April 1, your Competitive level membership is valid through July 31, 2018!) See current membership list here: https://member.usfencing.org/search/members

If you join or renew online, please provide verification of your membership to Jane. Your USA Fencing membership must be current to participate!

NEW FENCERS? Know anyone who might be interested in learning to fence? **New fencers (youth and adults) are welcome to start throughout the year.** No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. There is no fee to observe. We do need **a week's advance notice for those enrolling**, in order to arrange an individualized Intro/Overview for you.

You are welcome to join us at either of our locations!





Our Wednesday Club site is Seven Oaks Park 200 Leisure Lane Columbia, SC 29210 http://www.icrc.net/ seven-oaks-park

Best en gardes,

Jane

Jane R. Littmann, Ph.D. (803) 781-0056 Coach & Co-Founder JRL5837@yahoo.com Columbia Fencers' Club www.columbiafc.com Our Tuesday and Thursday Club site is the Katie and Irwin Kahn
Jewish Community Center
306 Flora Drive, Columbia, SC 29223.
http://www.jcccolumbia.org/

(If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)