

COLUMBIA FENCERS' CLUB

Greetings CFC Fencers & Friends!

Welcome Charlie and Luis! Welcome back Naomi & Santiago! And welcome to our 12 brand new epeeists who discovered the fun of fencing during Ben Lippen's "Winterim"— We hope to see you soon at either of our club sites!

New fencers are always welcome!

Clubmates at both sites--Please introduce yourself to anyone you don't know!



**ARE YOU GOING TO—
“ACCEPT THE CHALLENGE 2017”**
We hope so!!

There's still time to register!
Columbia Fencers' Club is hosting our 2nd Annual Accept the Challenge at the Katie and Irwin Kahn JCC!

SATURDAY, APRIL 1, 2017
Spectators Free.

Watch top competitors from SC, NC, GA, TN & beyond!
Foil morning Epee afternoon

New and experienced competitors welcome!
Trophies for first 8 places in Foil & Epee; first 4 in Vet Epee.

For more information:
https://askfred.net/Events/moreInfo.php?tournament_id=36393
or JRL5837@yahoo.com

(Official USA Fencing sanctioned event)

SC DIVISION QUALIFIERS to SUMMER NATIONALS
Men's and Women's Div 2 & Div 3 Foil, Epee, Saber

C, D, E, & U fencers (birth year 2003 or earlier)
“Vets “ (birth year 1977 or earlier) and
Youth 14 (birth years 2002-2005)
(& the SC Division's Annual meeting & elections)
at Foothills Fencing Academy in
Piedmont (Greenville), SC — Sat., April 15, 2017

PRE-REGISTRATION with payments
REQUIRED by this SAT, APRIL 1
https://askfred.net/Events/moreInfo.php?tournament_id=36336

Excellent opportunity regardless of your plans to attend Summer Nationals.
(Official USA Fencing sanctioned event)

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JCC & Harbison: Fees are month to month. Class begins promptly at 6:30 pm. Please arrive early, and be **READY and SUITED UP**. Group instruction is provided for foil and epee. We are working on drills that are valuable to practice for all levels, foil & epee. Additional Epee instruction at the JCC will be 7:15-7:30 PM during class foil bouting. **There may be other adjustments of class times to accommodate all ages, levels, & weapons. Feedback welcome!** Pre-class bouting at Harbison may begin at 5:45 for those interested. **Individual lessons available at both sites. Contact Jane for info and to schedule.**



Kahn JCC site:

Our CFC class meets Tu's & Th's 6:30-7:30 PM with additional bouting time available until 8:45 PM. **April fencing fees are due Tu, Apr. 4 or Th, Apr 6.** (Checks payable to "Kahn JCC" please.)

CFC/JCC combined fee:

Once a week fencers: \$75/month (Tu-only or Th-only)
Twice a week fencers: \$95/month.

(Each additional family member pays \$70/month for once a week or \$85/month for twice a week.)

JCC members discounted fee: Once a week: \$65/month (Tu only or Th only). **Twice a week: \$75/month** (plus the relevant monthly JCC membership fee). Each additional fencing member of family pays same JCC

member-discount rate.

JCC Membership is not required. New JCC members who join to fence pay no joining fee and receive a significant promotional discount off their JCC membership their first year. (Memberships for fencers are \$40 /month for individuals; \$70/month for families.) Additional categories of memberships are available for Single Parent-Child, Couples, Senior Couple, etc. Free babysitting is available for JCC members during workouts among many other programs and discounts. The JCC will provide additional information about various categories of memberships and programs. <http://www.jcccolumbia.org/>

HARBISON site: Fees are month to month.

Classes meet on Wednesdays. **Dues are due on Wed., April 5.**

Harbison/CFC combined fee:

\$75 per month Nonresidents.

Each additional member of family: \$70.

\$60 per month Harbison Residents.

5:45 – 6:30 PM Open Fencing (Bouting)

6:30 – 7:30 PM Class

7:30—8:15 PM Additional bouting

(Checks payable to "Harbison Community Association" or "HCA", please.)



DROP IN Fees per visit at Harbison or the JCC: *If you are a 2/week fencer at one site, you may drop in to our other site for \$5 per visit. Once a week fencers may drop in to the other site for \$10 per visit. Local fencers not paying at either site may drop in to either site for \$20 per visit.*

You must be a current USA Fencing member at least at the noncompetitive (\$10) membership level to participate in all CFC programs (forms at club). CFC is an Insured Member Club of USA Fencing.

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FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:

Coaching at Competitions: If you would like coaching at upcoming competitions, please contact Jane preferably a month ahead of the event.

How Do I Find Out About Tournaments? Upcoming tournaments and clinics in SC, NC, & GA and around the country can be found at <http://askFRED.net/> (FRED is an acronym for Fencing Results and Events Database). Be sure to check "AskFRED" regularly as events are frequently added and cancelled. **Cf, p. 5 of this newsletter for a list of some upcoming competitions in the area.**



Coordinating travel: If you have car space available, or need transportation, please let me or others in the club know.

FENCING RULES & Refereeing: Knowing the rules helps you as a fencer, not just as a referee. The Aug 1, 2016 Rulebook is the most current. See <http://www.fencingofficials.org/blog/wp-content/uploads/2016/08/2016-USA-Fencing-Rules.pdf>

Want to become a referee? Study Guides and Seminars will help you train! Seminars are listed on AskFred.

Rule changes this season included that **reversing shoulders in FOIL is a Group 1 penalty (and annuls touch by fencer at fault)**. See <http://www.refereescommission.org/blog/2016/08/reversing-the-shoulder-in-foil/> with more clarification here: <http://www.refereescommission.org/blog/category/rules-application/>

In Feb, 2017, USA Fencing announced that, effective immediately, ALL sanctioned USA **saber** tournaments will resume using the four-meter on guard lines (same as foil and epee), per the Federation Internationale d'Esime decision.

Note: Not all events listed on AskFred are sanctioned (approved) events by USA Fencing and its divisions. Sanctioned events follow USA Fencing rules, are insured through our national governing body, and permit earning classifications according to the strength of the event and final results of the fencers. To enter sanctioned USA Fencing competitions, you must be a 'competitive' member of USA Fencing and have regulation clothing and regulation electric equipment. **Please contact Jane if you have questions about ordering equipment, or entering competitions, e.g., which events might be appropriate for you.**

COLUMBIA FENCERS' CLUB

CFC CLUB INFORMATION

GET-TOGETHERS: Impromptu. None pre-scheduled this month.

SIGN-IN SHEET: Please remember to sign-in both at Harbison and the Kahn JCC! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with our facilities' policies and requirements. (We will enjoy "penalty brownies" from those who forget!)*

CLOTHING SAFETY REMINDERS: *Legs, ankles, and torso must be fully covered.*

Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouting. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first. (Our facilities are air conditioned.)

POLICY REMINDER: No CFC equipment may leave the Kahn JCC or Harbison.

USA FENCING MEMBERSHIP REQUIREMENT: All participants at CFC practices must be at least "non-competitive" USA Fencing Members. **(New members who join on or after April 1, 2017—your memberships are valid through July 31, 2018. If you upgrade to Competitive membership for the first time on or after April 1, your Competitive level membership is valid through July 31, 2018!)**

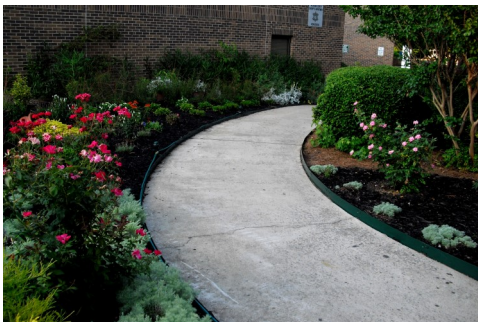


You can join, renew, or upgrade your membership in USA Fencing *either* at the club or online at <https://www.railstation.org/usfencing/MembershipRegistration.aspx> If you join or renew online, please provide verification of your membership to Jane. **Your USA Fencing membership must be current to participate!**

NEW FENCERS? Know anyone who might be interested in learning to fence? New fencers (youth and adults) are welcome to start throughout the year. No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. Our club meets year round. We need a week's advance notice for those enrolling, in order to arrange an individualized Intro/Overview for you.

Our Wednesday Club site is the **Harbison Recreation Center**
106 Hillpine Rd., Columbia, SC
29212.

<http://www.harbisonhoa.com/rec/athletics>



Best en gardes,

Jane

Jane R. Littmann, Ph.D.
Head Coach &
Co-Founder,
Columbia Fencers' Club

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JRL5837@yahoo.com
www.columbiafc.com



Our Tuesday and Thursday Club site is the **Katie and Irwin Kahn Jewish Community Center**
306 Flora Drive, Columbia, SC 29223.
<http://www.jcccolumbia.org/>

You are welcome to join us at either of our locations!

(If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)

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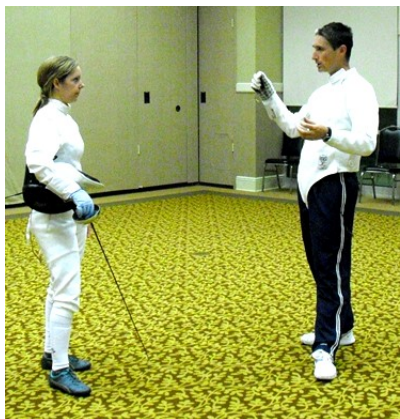
Upcoming Events: Details on AskFred. Check for other events, too. Register early!

Sat., April 1: Accept the Challenge 2017. Columbia Fencers' Club. Katie and Irwin Kahn Jewish Community Center, **Columbia, SC**. Mixed Sr (Open) Foil, Mixed Sr (Open) Epee, Mixed Vet Epee. https://askfred.net/Events/moreInfo.php?tournament_id=36393

Sat., April 8: Charleston Open. Danny Jones Rec Center, North Charleston. Y12 Mixed Foil (unsanctioned), Y14 Mixed Epee (unsanctioned), Senior Mixed Epee, Senior Mixed Foil, Senior Mixed Saber. https://askfred.net/Events/wholsComing.php?tournament_id=36421

Sat., April 15: SC Divisional Qualifying Tournament for Summer Nationals, at Foothills Fencing Academy, **Piedmont, SC**. Men's and Women's Div 2 & Youth 14 events in Foil, Epee, and Saber. https://askfred.net/Events/moreInfo.php?tournament_id=36336 **MUST PRE-REGISTER TO FENCE. REGISTRATION DEADLINE: APRIL 1.**

Sat-Sun, April 29-30: Spring Fling 2017. Augusta Fencers Club, Augusta, GA Mixed Epee, E& Under Mixed Epee; Mixed Foil, E&Under Mixed Foil, E&Under Mixed Saber; Y10, Y12, Y14 Mixed Foil. https://askfred.net/Events/wholsComing.php?tournament_id=36414



See you at the Club!

New Fencers Welcome!



Water Break!