

FEBRUARY 2017

COLUMBIA FENCERS' CLUB

Greetings CFC Fencers & Friends!

Welcome Alex, Robert, Jake, Sarah, Jack, and welcome back Shanice!

New fencers are always welcome!

Please contact Jane at least 1 week before the date you wish to start!



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Clubmates at both sites-- Please be sure to introduce yourself to anyone you don't know!

DON'T FORGET TO SIGN IN!



AND SUIT UP!



SAVE THE DATE: APRIL 1, 2017
ACCEPT THE CHALLENGE 2017
at the Katie and Irwin Kahn JCC

COLUMBIA FENCERS' CLUB NEWSLETTER

JCC & Harbison: Fees are month to month. Class begins promptly at 6:30 pm. Please arrive early, and be **READY** and **SUITED UP**. Group instruction is provided for foil and epee. We are working on drills that are valuable to practice for all levels, foil & epee. Specific Epee instruction at the JCC will be 7:15-7:30 PM during class foil bouting. **There may be other adjustments of class times to accommodate all ages, levels, & weapons. Feedback welcome!** Pre-class bouting at Harbison may begin at 5:45 for those interested. **Individual lessons available at both sites. Contact Jane for info and to schedule.**

Kahn JCC site:

Our CFC class meets Tu's & Th's 6:30-7:30 PM with additional bouting time available until 8:45 PM. **February** fencing fees are due **Th, Feb. 2 or Tu, Feb. 7.** (Checks payable to "Kahn JCC" please.)

CFC/JCC combined fee:

Once a week fencers: \$75/month (Tu-only or Th-only) **Twice a week fencers: \$95/month.**

(Each additional family member pays \$70/month for once a week or \$85/month for twice a week.)

JCC members discounted fee: Once a week: \$65/month (Tu only or Th only). **Twice a week: \$75/month** (plus the relevant monthly JCC membership fee). Each additional fencing member of family pays same JCC member-discount rate.

JCC Membership is not required. New JCC members who join to fence pay no joining fee and receive a significant promotional discount off their JCC membership their first year. (Memberships for fencers are \$40 /month for individuals; \$70/month for families.) Additional categories of memberships are available for Single Parent-Child, Couples, Senior Couple, etc. Free babysitting is available for JCC members during workouts among many other programs and discounts. The JCC will provide additional information about various categories of memberships and programs. <http://www.jcccolumbia.org/>



HARBISON site: Fees are month to month. Classes meet on Wednesdays. Dues are due on Wed., Feb. 1.

Harbison/CFC combined fee:

\$75 per month Nonresidents.

Each additional member of family: \$70.

\$60 per month Harbison Residents.

5:45 – 6:30 PM Open Fencing (Bouting)

6:30 – 7:30 PM Class

7:30—8:15 PM Additional bouting

(Checks payable to "Harbison Community Association" or "HCA", please.)

DROP IN Fees per visit at Harbison or the JCC: If you are a 2/week fencer at one site, you may drop in to our other site for \$5 per visit. Once a week fencers may drop in to the other site for \$10 per visit. Local fencers not paying at either site may drop in to either site for \$20 per visit.

You must be a current USA Fencing member at least at the noncompetitive (\$10) membership level to participate in all CFC programs (forms at club). CFC is an Insured Member Club of USA Fencing.

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FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:
Coaching at Competitions: If you would like coaching at upcoming competitions, please contact Jane preferably a month ahead of the event.

How Do I Find Out About Tournaments? Upcoming tournaments and clinics in SC, NC, & GA and around the country can be found at <http://askFRED.net/> (**FRED** is an acronym for **Fencing Results and Events Database**). Be sure to check "AskFRED" regularly as events are frequently added and cancelled. **Cf, p. 5 of this newsletter for a list of some upcoming competitions in the area.**



Coordinating travel: If you have car space available, or need transportation, please let me or others in the club know.

FENCING RULES & refereeing: Knowing the rules helps you as a fencer, not just as a referee. The Aug 1, 2016 Rulebook is the most current. See <http://www.fencingofficials.org/blog/wp-content/uploads/2016/08/2016-USA-Fencing-Rules.pdf>

Changes include that reversing shoulders in FOIL is a Group 1 penalty (& annuls touch by fencer at fault). See <http://www.refereescommission.org/blog/2016/08/reversing-the-shoulder-in-foil/> with more clarification here: <http://www.refereescommission.org/blog/category/rules-application/>

A recent Referee Div 1 NAC Foil seminar clarified that "Slow approach without intent is not an attack."

Note: Not all events listed on AskFred are sanctioned (approved) events by USA Fencing and its divisions. Sanctioned events follow USA Fencing rules, are insured through our national governing body, and permit earning classifications according to the strength of the event and final results of the fencers. To enter sanctioned USA Fencing competitions, you must be a 'competitive' member of USA Fencing and have regulation clothing and regulation electric equipment. **Please contact Jane if you have questions about ordering equipment, or entering competitions, e.g., which events might be appropriate for you.**

COLUMBIA FENCERS' CLUB

CFC CLUB INFORMATION

GET-TOGETHERS: Impromptu. None pre-scheduled this month.

SIGN-IN SHEET: Please remember to sign-in both at Harbison and the Kahn JCC! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with our facilities' policies and requirements. (We will enjoy "penalty brownies" from those who forget!)*

CLOTHING SAFETY REMINDERS: *Legs, ankles, and torso must be fully covered.*

Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouts. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first. (Our facilities are air conditioned.)

POLICY REMINDER: No CFC equipment may leave the Kahn JCC or Harbison.

USA FENCING MEMBERSHIP REQUIREMENT: All participants at CFC practices must be at least "non-competitive" USA Fencing Members. (New members who joined on or after April 1, 2016—your memberships are still valid through July 31, 2017.)



You can join, renew, or upgrade your membership in USA Fencing *either* at the club *or* online at <https://www.railstation.org/usfencing/MembershipRegistration.aspx> If you join or renew online, please provide verification of your membership to Jane. **Your USA Fencing membership must be current to participate!**

NEW FENCERS? Know anyone who might be interested in learning to fence? New fencers (youth and adults) are welcome to start throughout the year. No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. Our club meets year round.

Our Wednesday Club site is the
Harbison Recreation Center
106 Hillpine Rd., Columbia, SC
29212.

<http://www.harbisonhoa.com/rec/athletics>



Best en gardes,

Jane

Jane R. Littmann, Ph.D.

Head Coach &

Co-Founder,

Columbia Fencers'
Club

(803) 781-0056

www.columbiafc.com



Our Tuesday and Thursday Club site is the
Katie and Irwin Kahn

Jewish Community Center

306 Flora Drive, Columbia, SC 29223.

<http://www.jcccolumbia.org/>

You are welcome to join us at either of our locations!

If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)

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Upcoming Events: Details on AskFred. Check for other events, too. Register early; save \$.

Sat-Sun, Feb 11-12 Brent Nieman Epee RJCC and RYC (Region 6) 10 Men's and Women's separate Epee events for Y10, Y12, Y14, Cadet, & Jr. Atlanta Fencers Club: East Point, GA. https://askfred.net/Events/moreInfo.php?tournament_id=35767

Sat, Feb 11 Punctured Heart, Div 2 Mixed Epee, Div 2 Mixed Foil. Warner Robins Fencing Society with Mercer University Fencing Club hosts, Mercer University, Macon, GA. https://askfred.net/Events/moreInfo.php?tournament_id=35700

Sat, Mar 4 ACN Atlanta Foil Tournament, Atlanta, GA. Sr Mixed Foil, Div2 Mixed Foil, Y10, Y12, & Y14 Mixed Foil events. https://askfred.net/Events/whoIsComing.php?tournament_id=35880



**See you at
the Club!**

