

# COLUMBIA FENCERS' CLUB NEWSLETTER

**Greetings CFC Fencers & Friends!**

**Welcome Lucas, Noah H, Liz, Victoria, and Hudson, and welcome back Francesca and Isabella!**

**Clubmates at both sites — Please be sure to introduce yourself to anyone you don't know!**

## November Schedule

### Kahn JCC



November has 5 Tuesdays and 3 Thursdays, since **the Kahn JCC is closed on Thanksgiving**. Owing to October cancellations of fencing for Hurricane Matthew and a holiday, and Thanksgiving, those enrolled on Tu's-only or Th's-only may attend a Tuesday or Thursday in November as a Make-Up.



### Harbison

November has 5 Wednesdays, but we will only meet for 4 of them at Harbison since I have heard that many of you will be away the Wed before Thanksgiving. So, **no fencing Wed, Nov. 23**, but fencing will meet Wed, Nov. 2, 9, 16, and 30.



**The SC Division USA Fencing Junior Olympics Qualifying Tournament (JO's)** will be held at the Kahn JCC Sunday, Dec. 11, 2016 **Deadline to register Nov 26. Discount by Nov 19.**

"JO's" is the name of the USA Fencing National Championships for Under 16 ("Cadet") and Under 19 ("Junior") age groups in the US. Those qualifying from SC are eligible to fence at JO's in Kansas City, MO Feb 17-20, 2017. Eligible birth years for JO's are 1997-2003.

<http://www.usfencing.org/2017-junior-olympics>

This is a wonderful tournament for all our Cadet and Junior competitors to enter regardless of intent to qualify or attend JOs. You must be a US Citizen or Permanent Resident to enter the Qualifier & JOs. Electric gear, regulation uniform, and USFA competitive membership required. Please note deadlines and required preregistration. Spectators free.

## "Bookends" Tournament

**Youth 12 & Under and Veterans (40 & Over) tournaments also to be held at the Kahn JCC Sunday, Dec. 11, 2016**

Foil and Epee events included!

Please sign-up now! This helps others know it will be well-attended.

[https://askfred.net/Events/moreInfo.php?tournament\\_id=35183](https://askfred.net/Events/moreInfo.php?tournament_id=35183)

|  |   |
|--|---|
| Welcome New Fencers!   | 1 |
| <b>CFC November Schedule — No Fencing Wed, Nov 23 or Th, Nov 24. Happy Thanksgiving!</b> | 1 |
| SC Div JO Qualifying Tourney & Y12 and Vet Tourneys at Kahn JCC Dec 11                   | 1 |
| CFC Dues, Fees & Schedule (JCC & Harbison)   | 2 |
| Competitors' Information & Photos  | 3 |
| CFC Club Info Policies & Safety  | 4 |
| CFC Combined Practice Sat, Oct 16 —Photos, and upcoming tourneys                         | 5 |

**Clemson's Tiger Open is Nov 19-20! See page 5.**

## COLUMBIA FENCERS' CLUB NEWSLETTER

**JCC & Harbison:** Fees are month to month. Class begins *promptly* at 6:30 pm. Please arrive early, and be **READY** and **SUITED UP**. Group instruction is provided for foil and epee. We are working on drills that are valuable to practice for all levels of fencers. **Conditioning drills for fencing begin at 6:15 pm at the JCC in the gym for those interested. Epee instruction (JCC) is designated specifically at 7:15-7:30. At Harbison, bouts may begin at 5:45 for those interested.** There may be other adjustments of class times to accommodate all ages, levels, & weapons. Feedback welcome! **Individual lessons available. Contact Jane to schedule.**

### Kahn JCC site:

**Our CFC class meets Tu's & Th's 6:30-7:30 PM** with additional bouts time available until 8:45 PM. **November** fencing fees are due **Tu, Nov. 1 or Th, Nov. 3.** (Checks payable to "Kahn JCC" please.)

### CFC/JCC combined fee:

**Once a week fencers: \$75/month** (Tu-only or Th-only) **Twice a week fencers: \$95/month.**

(Each additional family member pays \$70/month for once a week or \$85/month for twice a week.)

**JCC members discounted fee: Once a week: \$65/month** (Tu only or Th only). **Twice a week: \$75/month** (plus the relevant monthly JCC membership fee). Each additional fencing member of family pays same JCC member-discount rate.

JCC Membership is not required. New JCC members who join to fence pay no joining fee and receive a significant promotional discount off their JCC membership their first year. (Memberships for fencers are \$40 /month for individuals; \$70/month for families.) Additional categories of memberships are available for Single Parent-Child, Couples, Senior Couple, etc. Free babysitting is available for JCC members during workouts among many other programs and discounts. The JCC will provide additional information about various categories of memberships and programs. <http://www.jcccolumbia.org/>



**HARBISON site:** Fees are month to month. Classes meet on Wednesdays. Dues due Nov. 2.

Harbison/CFC combined fee:

\$75 per month Nonresidents.

Each additional member of family: \$70.

\$60 per month Harbison Residents.

**5:45 – 6:30 PM** Open Fencing (Bouting)

**6:30 – 7:30 PM** Class

**7:30—8:15 PM** Additional bouts

(Checks payable to "Harbison Community Association" or "HCA", please.)

**DROP IN Fees per visit at Harbison or the JCC:** If you are a 2/week fencer at one site, you may drop in to our other site for \$5 per visit. Once a week fencers may drop in to the other site for \$10 per visit. Local fencers not paying at either site may drop in to either site for \$20 per visit.

**You must be a current USA Fencing member at least at the noncompetitive (\$10) membership level to participate in all CFC programs. CFC is an Insured Member Club of USA Fencing.**

# COLUMBIA FENCERS' CLUB NEWSLETTER



## **FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:**

**Coaching at Competitions:** If you would like coaching at upcoming competitions, please contact Jane preferably a month ahead of the event.

**How Do I Find Out About Tournaments?** Upcoming tournaments and clinics in SC, NC, & GA and around the country can be found at <http://askFRED.net/> (**FRED** is an acronym for **Fencing Results and Events Database**). Be sure to check "AskFRED" regularly as events are frequently added and cancelled. **Cf, p. 5 of this newsletter for a calendar of upcoming competitions in the area.**



**Coordinating travel:** If you have car space available, or need transportation, please let me or others in the club know.

**FENCING RULES & refereeing:** Knowing the rules helps you as a fencer, not just as a referee. **The Aug 1, 2016 Rulebook is the most current.** See <http://www.fencingofficials.org/blog/wp-content/uploads/2016/08/2016-USA-Fencing-Rules.pdf>

**Changes include that reversing shoulders in FOIL is a Group 1 penalty (& annuls touch by fencer at fault).** See <http://www.refereescommission.org/blog/2016/08/reversing-the-shoulder-in-foil/> with more clarification here: <http://www.refereescommission.org/blog/category/rules-application/>

Note: Not all events listed on AskFred are sanctioned (approved) events by USA Fencing and its divisions. Sanctioned events follow USA Fencing rules, are insured through our national governing body, and permit earning classifications according to the strength of the event and final results of the fencers. To enter sanctioned USA Fencing competitions, you must be a 'competitive' member of USA Fencing and have regulation clothing and regulation electric equipment. **Please contact Jane if you have questions about ordering equipment, or entering competitions, e.g., which events might be appropriate for you.**

# COLUMBIA FENCERS' CLUB NEWSLETTER

## CFC CLUB INFORMATION

**GET-TOGETHERS:** Impromptu. None pre-scheduled this month.

**SIGN-IN SHEET:** Please remember to sign-in both at Harbison and the Kahn JCC! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with our facilities' policies and requirements. (We will enjoy "penalty brownies" from those who forget!)*

**CLOTHING SAFETY REMINDERS:** *Legs, ankles, and torso must be fully covered.*

*Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouts. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first. (Our facilities are air conditioned.)*

**POLICY REMINDER:** No CFC equipment may leave the Kahn JCC or Harbison.

**USA FENCING MEMBERSHIP REQUIREMENT:** All participants at CFC practices must be at least "non-competitive" USA Fencing Members. (New members who joined on or after April 1—your memberships are valid through July 31, 2017.)



You can join, renew, or upgrade your membership in USA Fencing *either* at the club *or* online at <https://www.railstation.org/usfencing/MembershipRegistration.aspx> If you join or renew online, please provide verification of your membership to Jane. **Your USA Fencing membership must be current to participate!**

**NEW FENCERS?** Know anyone who might be interested in learning to fence? New fencers (youth and adults) are welcome to start throughout the year. No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. Our club meets year round.

Our Wednesday Club site is the **Harbison Recreation Center**  
106 Hillpine Rd., Columbia, SC 29212.  
<http://www.harbisonhoa.com/rec/athletics>



**Best en gardes,**

*Jane*

Jane R. Littmann, Ph.D.  
Head Coach &  
Co-Founder,  
Columbia Fencers' Club  
(803) 781-0056  
[www.columbiafc.com](http://www.columbiafc.com)



Our Tuesday and Thursday Club site is the **Katie and Irwin Kahn Jewish Community Center**  
306 Flora Drive, Columbia, SC 29223.  
<http://www.jcccolumbia.org/>

**You are welcome to join us at either of our locations!**

*If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)*

## COLUMBIA FENCERS' CLUB NEWSLETTER

### Upcoming Events: (Details on or coming soon on AskFred)

**Sat, Nov 5** [ACN Atlanta Foil :Regional Youth \( RYC\) \(Region 6\)](#) Y10, Y12, Y14 Men's and Women's Foil

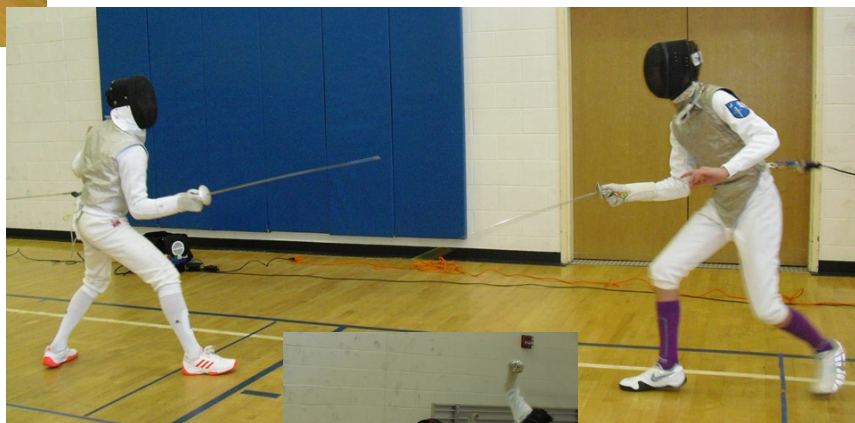
**Sat, Nov 5** [ACN Atlanta Foil Tournament, mixed open](#) [https://askfred.net/Events/whosComing.php?tournament\\_id=34560#136618](https://askfred.net/Events/whosComing.php?tournament_id=34560#136618)

**Sun, Nov 6** [Premier Fencing Alliance Big Chicken Open](#) (Mixed Epee, Div 2 Mixed Epee)

**Sat-Sun, Nov 19-20** [Tiger Open 2016](#), Clemson, SC (Mixed Foil; D & Under Mixed Foil; Mixed Epee, D & Under Mixed Epee) [https://askfred.net/Events/moreInfo.php?tournament\\_id=33987](https://askfred.net/Events/moreInfo.php?tournament_id=33987) (Discount if you prepay.)

**Sun, Dec 11** **SC Division JO Qualifier (Cadet and Junior Men's and Women's Foil and Epee)** Columbia, SC at the Kahn JCC. **Preregistration required by Nov 26, 2016. Discount if paid by Nov. 19.** [https://askfred.net/Events/moreInfo.php?tournament\\_id=35182](https://askfred.net/Events/moreInfo.php?tournament_id=35182)

**Sun Dec 11** **Vet Mixed Foil and Vet Mixed Epee; Y12 Mixed Foil and Y12 Mixed Epee**, Columbia, SC at the Kahn JCC [https://askfred.net/Events/moreInfo.php?tournament\\_id=35183](https://askfred.net/Events/moreInfo.php?tournament_id=35183)



CFC Fencers from Harbison and the Kahn JCC enjoyed "dry" and electric sparring & camaraderie in a



combined practice Sunday, Oct 16 at the JCC. We'll plan more of these, by popular demand.