

# COLUMBIA FENCERS' CLUB NEWSLETTER

**OUR USA FENCING SEASON RUNS  
AUGUST 1, 2016—JULY 31, 2017!**

**Reminder:** Please fill out a new updated **CONTACT INFO** form for Columbia Fencers' Club for 2016-2017. Help me help you satisfy your reasons for being a CFC member!

## We're Growing—

CFC has almost 60 currently registered members of USA Fencing already for 2016-17. Those of you planning to compete this season can either wait to upgrade your memberships from Noncompetitive to Competitive until your first tournament this season, or you can do this online at <https://www.railstation.org/usfencing/MembershipRegistration.aspx>

**If you need help ordering electric gear, please contact Jane for info.**



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## September Greetings CFC Fencers & Friends!

**As Fall approaches, we are delighted to welcome many new fencers to the Club!**

*Clubmates at both sites — Please be sure to introduce yourself to anyone you do not know!*

*Welcome Ella K, Ryan, Brian, Keith, Santi, Jackson B, Shanice, and Noah C, and welcome back Vera and Chris P! Glad to have you fencing with us! To several of our summer fencers heading back to school out of town, great seeing you! You know you're always welcome! Stay in touch! And best wishes to you all for a successful school year!*



## OLYMPIC FENCING



Did you get to watch some Olympic fencing either on an NBC affiliate or streaming video on your computer? USA Fencing has an excellent article summarizing the outstanding American results. [http://www.usfencing.org/news\\_article/show/682147?referrer\\_id=669372](http://www.usfencing.org/news_article/show/682147?referrer_id=669372)

Other stories and photos are still available at <http://www.nbcolympics.com/fencing>



## SC Division "Junior Olympics" Qualifying Tournament to be held in Columbia

Dates and details coming soon! "JO's" are the USA Fencing National Championships for Under 16 and Under 19 age groups in the US. Those qualifying are eligible to fence at JO's in Kansas City, MO in Feb 2017. Eligible birth years for the "Junior Olympics" are 1997-2003.

We may also hold "Youth 12-&-under" and Veteran ("Youth 40 & over") events then, too.

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**JCC & Harbison:** Fees are month to month. Class begins *promptly* at 6:30 pm. Please arrive early, and be **READY** and **SUITED UP**. Group instruction is provided for foil and epee. We are working on drills that are valuable to practice for all levels of fencers. **We are designating 7:15-7:30 PM specifically for Epee instructions for those interested** while others bout. There may be other adjustments of class times to accommodate all ages, levels, & weapons. Feedback welcome! **Individual lessons available.**

### **Kahn JCC site:**

**Our CFC class meets Tu's & Th's 6:30-7:30 PM** with additional bouting time available until 8:45 PM. **September** fencing fees are due **Thursday, Sept. 1 or Tuesday, Sept. 6.** (Checks payable to "Kahn JCC" please.)

### **CFC/JCC combined fee:**

**Once a week fencers: \$75/month** (Tu-only or Th-only) **Twice a week fencers: \$95/month.**

(Each additional family member pays \$70/month for once a week or \$85/month for twice a week.)

**JCC members discounted fee: Once a week: \$65/month** (Tu only or Th only). **Twice a week: \$75/month** (plus the relevant monthly JCC membership fee). Each additional fencing member of family pays same JCC member-discount rate.

JCC Membership is not required. New JCC members who join to fence pay no joining fee and receive a significant promotional discount off their JCC membership their first year.

(Memberships for fencers are \$40 /month for individuals; \$70/month for families.) Additional categories of memberships are available for Single Parent-Child, Couples, Senior Couple, etc. Free babysitting is available for JCC members during workouts among many other programs and discounts. The JCC will provide additional information about various categories of memberships and programs. <http://www.jcccolumbia.org/>



### **HARBISON site:** Fees are month to month.

Classes meet on Wednesdays. Dues due Sept 7.

Harbison/CFC combined fee:

\$75 per month Nonresidents.

Each additional member of family: \$70.

\$60 per month Harbison Residents.

**5:40 – 6:30 PM** Open Fencing (Bouting)

**6:30 – 7:30 PM** Class

**7:30—8:15 PM** Additional bouting

(Checks payable to "Harbison Community Association" or "HCA", please.)



**DROP IN Fees per visit at Harbison or the JCC:** *If you are a 2/week fencer at one site, you may drop in to our other site for \$5 per visit. Once a week fencers may drop in to the other site for \$10 per visit. Local fencers not paying at either site may drop in to either site for \$20 per visit.*

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CFC  
Fencers  
develop  
their  
moves!



## **FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:**

**Interested in a more Competitive program with more intensive Training and Competition this season? Contact Jane and include days and times you'd come.**

**How Do I Find Out About Tournaments?** Upcoming tournaments and clinics in SC, NC, & GA and around the country can be found at <http://askFRED.net/> (**FRED** is an acronym for **Fencing Results and Events Database**). Be sure to check "AskFRED" regularly as events are frequently added and cancelled.

**Coaching at Competitions:** If you would like coaching at upcoming competitions, please contact Jane preferably a month ahead of the event.



**Coordinating travel:** If you have car space available, or need transportation, please let me or others in the club know.

**FENCING RULES & refereeing:** Knowing the rules helps you as a fencer, not just as a referee. The September 2015 Rulebook is being revised. **Changes include that reversing shoulders in FOIL is a Group 1 penalty (& annuls touch by fencer at fault).** See <http://www.refereescommission.org/blog/2016/08/reversing-the-shoulder-in-foil/>

The **new 2016-17 Penalty Chart** is at <http://www.fencingofficials.org/blog/wp-content/uploads/2016/08/2016-USA-Fencing-Penalty-Chart.pdf>

Note: Not all events listed on AskFred are sanctioned (approved) events by USA Fencing and its divisions. Sanctioned events follow USA Fencing rules, are insured through our national governing body, and permit earning classifications according to the strength of the event and final results of the fencers. To enter sanctioned USA Fencing competitions, you must be a 'competitive' member of USA Fencing and have regulation clothing and regulation electric equipment. **Please contact Jane if you have questions about ordering equipment, or entering competitions, e.g., which events might be appropriate for you.**

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## CFC CLUB INFORMATION

**GET-TOGETHERS:** Impromptu. None pre-scheduled this month.

**SIGN-IN SHEET:** Please remember to sign-in both at Harbison and the Kahn JCC! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with our facilities' policies and requirements. (We will enjoy "penalty brownies" from those who forget!)*

**CLOTHING SAFETY REMINDERS:** *Legs, ankles, and torso must be fully covered.*

*Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouts. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first. (Our facilities are air conditioned.)*

**POLICY REMINDER:** No CFC equipment may leave the Kahn JCC or Harbison.

**USA FENCING MEMBERSHIP REQUIREMENT:** All participants at CFC practices must be at least "non-competitive" USA Fencing Members. (New members who joined on or after April 1—your memberships are valid through July 31, 2017.)



You can join, renew, or upgrade your membership in USA Fencing either at the club or online at <https://www.railstation.org/usfencing/MembershipRegistration.aspx> If you join or renew online, please provide verification of your membership to Jane. **Your USA Fencing membership must be current to participate!**

**NEW FENCERS?** Know anyone who might be interested in learning to fence? New fencers (youth and adults) are welcome to start throughout the year. No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. Our club meets year round.

Our Wednesday Club site is the **Harbison Recreation Center**  
106 Hillpine Rd., Columbia, SC 29212.

<http://www.harbisonhoa.com/rec/athletics>



Best en gardes,

*Jane*

Jane R. Littmann, Ph.D.

Head Coach &

Co-Founder,

Columbia Fencers' Club

(803) 781-0056

[www.columbiaafc.com](http://www.columbiaafc.com)



Our Tuesday and Thursday Club site is the **Katie and Irwin Kahn**

**Jewish Community Center**

306 Flora Drive, Columbia, SC 29223.

<http://www.jcccolumbia.org/>

**You are welcome to join us at either of our locations!**

*If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)*