

COLUMBIA FENCERS' CLUB NEWSLETTER

Greetings CFC Fencers and Friends!

Lots happening!! Plan now!!

Welcome Barry, Stuart, Jim, SaMya, Adrienne, Mark, and Damiean!
Glad to have you fencing with us! Clubmates—
Please introduce yourself to anyone you do not know at both sites!

CFC meets year round.

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Coming Soon!



Michael Tarascio was a member of the US World Championship Team in Men's Foil. He is Co-Founder and Guest Coach of CFC, and Founder and Coach of the New England Fencing Alliance.

Register Now!

BACK BY POPULAR DEMAND

The Heathwood Hall "Introduction to Fencing" Summer Camp

IS CO-LED BY MICHAEL TARASCIO AND JANE LITTMANN.

THIS YEAR'S CAMP IS JULY 11-15 (MON-FRI, MORNINGS). IT'S OPEN TO 5TH THROUGH 12TH GRADERS. (YOU NEED NOT BE A STUDENT AT HEATHWOOD HALL TO REGISTER FOR THE CAMP.)

THIS WILL BE A GREAT WEEK-LONG INTRODUCTION TO THE SPORT OF FENCING. OUR PHILOSOPHY ON FENCING IS SIMPLE, "PARTICIPATE IN FENCING BECAUSE IT'S FUN."

THE CAMP IS INTENDED FOR CAMPERS WHO HAVE LITTLE TO NO FENCING EXPERIENCE AND IS DESIGNED TO TEACH FENCING THROUGH ACTIVITIES, GAMES AND EXERCISES THAT DEVELOP COORDINATION, FLEXIBILITY AND FOCUS. ATTENDEES WILL HAVE LOTS OF FUN LEARNING A GREAT NEW SPORT! ALL EQUIPMENT IS PROVIDED.

TO REGISTER, PLEASE GO TO <https://www.heathwood.org/summer>

More info at https://askfred.net/Clinics/moreInfo.php?clinic_id=32953

Congratulations

to our Columbia Fencers' Club **qualifiers** to the **2016 Summer Nationals**: **Daniel Johnson** (earning his D2016 in Epee) qualifying for Div II and III Men's Epee; **Luke Reuwer** (earning his E2016 in Epee) qualifying for Div II and Div III Men's Foil and Div III Men's Epee; **Ed Salkind** qualifying in Div III and Vet Men's Foil; **Andy Broughton** qualifying for Vet Men's Foil; and **Jackson Ellenberg** qualifying in Y14 Men's Foil and Y14 Men's Epee. The US Fencing Summer Nationals will be in Dallas, TX. More information at http://www.usfencing.org/news_article/show/389098?referrer_id=669372-usa-fencing-news

PLEASE REGISTER NOW FOR OUR SUMMER CAMP AND FENCING "CLINICS"!

Q: What's a Clinic?

A: It's a fun weekend training 'workshop' to expand your understanding of the game, introduce you to more skills and concepts, and refine those you already have.

Two Foil-Epee Fencing Clinics

Ever feel like our one-hour classes are too short to learn more skills, explore tactics, and really deepen your game? Join us for one or both Fencing Clinics this summer! (For ages 9 through Adults, beginners through advanced. You must have your own gear and know basic attacks and parries.)

July 9-10 https://askfred.net/Clinics/whosComing.php?clinic_id=32951 **and**

July 16-17 https://askfred.net/Clinics/moreInfo.php?clinic_id=32952 ! More info at the above links. Questions? Email us.

LEARN WHAT YOU DIDN'T KNOW YOU DIDN'T KNOW!!

Low registration will result in cancelation given Michael's time and expenses to fly in.

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JCC & Harbison: Fees are month to month. Class begins promptly at 6:30 pm. Please arrive early, and be **READY and SUITED UP**. Group instruction is provided for foil and epee. We are working on drills that are valuable to practice for all levels of fencers. **There may be adjustments of class times to accommodate all ages, levels, & weapons. Feedback welcome!** Individual lessons available.

Kahn JCC site:

Our CFC class meets Tu's & Th's 6:30-7:30 PM with additional bouting time available until 8:45 PM.
 May 2016 fencing fees are due **Tuesday, May 3 or Thursday, May 5**. Checks payable to "Kahn JCC".

CFC/JCC combined fee:

Once a week fencers: \$75/month (Tu-only or Th-only)
Twice a week fencers: \$95/month.

(Each additional family member pays \$70/month for once a week or \$85/month for twice a week.)

JCC members discounted fee: Once a week: \$65/month (Tu only or Th only). **Twice a week: \$75/month** (plus the relevant monthly JCC membership fee).
 Each additional fencing member of family pays same JCC member-discount rate.



JCC Membership is not required. New JCC members who join to fence pay no joining fee and receive a significant promotional discount off their JCC membership their first year. (Memberships for fencers are \$40 /month for individuals; \$70/month for families.) Additional categories of memberships are available for Single Parent-Child, Couples, Senior Couple, etc. Free babysitting is available for JCC members during workouts among many other programs and discounts. The JCC will provide additional information about various categories of memberships and programs. <http://www.jcccolumbia.org/>

HARBISON site: Fees are now month to month. Classes meet on Wednesdays.

Harbison/CFC combined fee:

\$75 per month Nonresidents.

Each additional member of family: \$70.

\$60 per month Harbison Residents.

5:45 – 6:30 PM Open Fencing (Bouting)

6:30 – 7:30 PM Class

7:30—8:30 PM Additional bouting

Checks payable to "Harbison Community Association" or "HCA"



DROP IN Fees per visit at Harbison or the JCC: If you are a 2/week fencer at one site, you may drop in to our other site for \$5 per visit. Once a week fencers may drop in to the other site for \$10 per visit. Local fencers not paying at either site may drop in to either site for \$20 per visit.

You must be a current USA Fencing member at least at the noncompetitive (\$10) membership level to participate in all CFC programs. CFC is an Insured Member Club of USA Fencing.

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Last month we challenged you to
 “Picture yourself fencing ↓ here!”



And
 you
 did!!



**1st Annual
 “Accept the Challenge” (2016)
 A great success—
 Well attended, strong competition, exciting for spectators!**

Experienced fencers as well as first-time competitors from SC and neighboring states made this a fun and challenging tournament for all! Competitors representing the United States, Korea, Germany, France, and the United Arab Emirates all took part making this one of the strongest tournaments in the Southeast in years! **Results are at:** https://askfred.net/Results/results.php?tournament_id=32899. Competitors said they found the Kahn JCC easy to get to, liked our venue and its locker rooms, the trophies, enjoyed the organization and conduct of the tournament, and vowed to return next year bringing with them more friends and clubmates.

It also attracted many spectators. Those who've never seen a fencing competition were fascinated by the speed and elegance of the actions, the high tech scoring, the combination of athleticism and tactical prowess displayed, the diversity of ages, body types, and styles, and especially the enthusiasm and sportsmanship shown by the sport's competitors!

We look forward to hosting more events so those who enjoy the fun and challenge of competition will have more opportunities in the area.

Congratulations to Bonnie and Bernadette, our two newest competitors who entered their first tournament ever! Congratulations to Philip for placing 8th (of 33) in Mixed Epee earning his D16, and to Ed who tied for 3rd in the Mixed Vet Foil (ages 40 and over) event. (More photos, p. 4)

FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:

How Do I Find Out About Tournaments? Upcoming tournaments and clinics in SC, NC, & GA and around the country can be found at <http://askFRED.net/> (**FRED** is an acronym for **F**encing **R**esults and **E**vents **D**atabase). Be sure to check “AskFRED” regularly as events are frequently added and cancelled.

Coaching at Competitions: If you would like coaching at upcoming competitions, please contact Jane preferably a month ahead of the event.



Coordinating travel: If you have car space available, or need transportation, please let me or others in the club know.

FENCING RULES & refereeing: Knowing the rules helps you as a fencer, not just as a referee. Read it and learn! The most current rulebook is the **September 2015 edition** http://assets.ngin.com/attachments/document/0085/5875/USA_Fencing_Rules_9-15.pdf

Note: Not all events listed on AskFred are sanctioned (approved) events by USA Fencing and its divisions. Sanctioned events follow USA Fencing rules, are insured through our national governing body, and permit earning classifications according to the strength of the event and final results of the fencers. To enter sanctioned USA Fencing competitions, you must be a ‘competitive’ member of USA Fencing and have regulation clothing and regulation electric equipment. **Please contact Jane if you have questions about ordering equipment, or entering competitions, e.g., which events might be appropriate for you.**

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ACCEPT THE CHALLENGE 2016

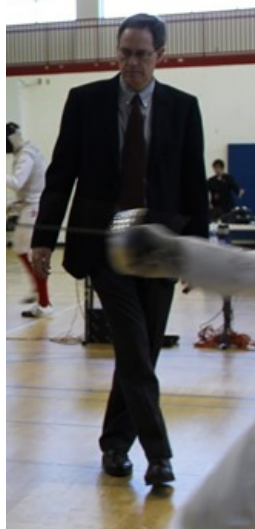


Photo credits: Barry Abels

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CFC CLUB INFORMATION

GET-TOGETHERS: Impromptu. None pre-scheduled this month.

SIGN-IN SHEET: Please remember to sign-in both at Harbison and the Kahn JCC! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with our facilities' policies and requirements.* (We will enjoy "penalty brownies" from those who forget!)

CLOTHING SAFETY REMINDERS: *Legs, ankles, and torso must be fully covered.*

Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouts. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first. (As it gets warmer this spring and summer, please remember the rules!!)

POLICY REMINDER: No CFC equipment may leave the Kahn JCC or Harbison.

USA FENCING MEMBERSHIP REQUIREMENT: All participants at CFC practices must be at least "non-competitive" USA Fencing Members. (New members who join on or after April 1—your memberships are valid through July 31, 2017.)



You can join, renew, or upgrade your membership *either* at the club *or* online at <https://www.railstation.org/usfencing/MembershipRegistration.aspx> **If you join or renew online, please provide verification of your USFA membership to Jane.** (How do you like the new USA Fencing logo? The USFA invites you to share your opinion.) Here's the background on its development.



http://www.usfencing.org/layout_container/show_layout_tab?layout_container_id=21832881&page_node_id=2319208&tab_element_id=77232

NEW FENCERS? Know anyone who might be interested in learning to fence? New fencers (youth and adults) are welcome to start throughout the year. No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. Our club meets year round.

As always, best en gardes,

--Jane

Jane R. Littmann, Ph.D.
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www.columbiaafc.com

(If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)

We've moved! Our Tuesday and Thursday Club location is now the Katie and Irwin Kahn Jewish Community Center

located at 306 Flora Drive,
Columbia, SC 29223.

<http://www.jcccolumbia.org/>

You are welcome to join us at either of our locations!

