

FEBRUARY 1, 2016

# COLUMBIA FENCERS' CLUB NEWSLETTER

**Greetings CFC Fencers and Friends!**

**Welcome Morgan, Estella, Brendan, Shannon, Peter, and welcome back Eli! Glad to have you fencing with us!**

**Clubmates— Please introduce yourself to anyone you do not know!**

## ANNOUNCEMENTS:

- ◆ **New 5-week pro-rated session at Harbison begins WED, Feb. 17 & ends March 30 (includes 2 week break). See p. 2**
- ◆ **Sat, APRIL 2 or 16— Plans for the SC Division Qualifying tournament to the Summer Nationals to be announced soon. Please save these dates on your calendar!**

### Videos to View (Watch and Learn!)

2012 London Olympics—Men's Foil Team Gold Medal Match— Italy vs Japan

<https://www.youtube.com/watch?v=7AU5ykMRVtw&x-yts=1422503916&x-yt-cl=85027636>

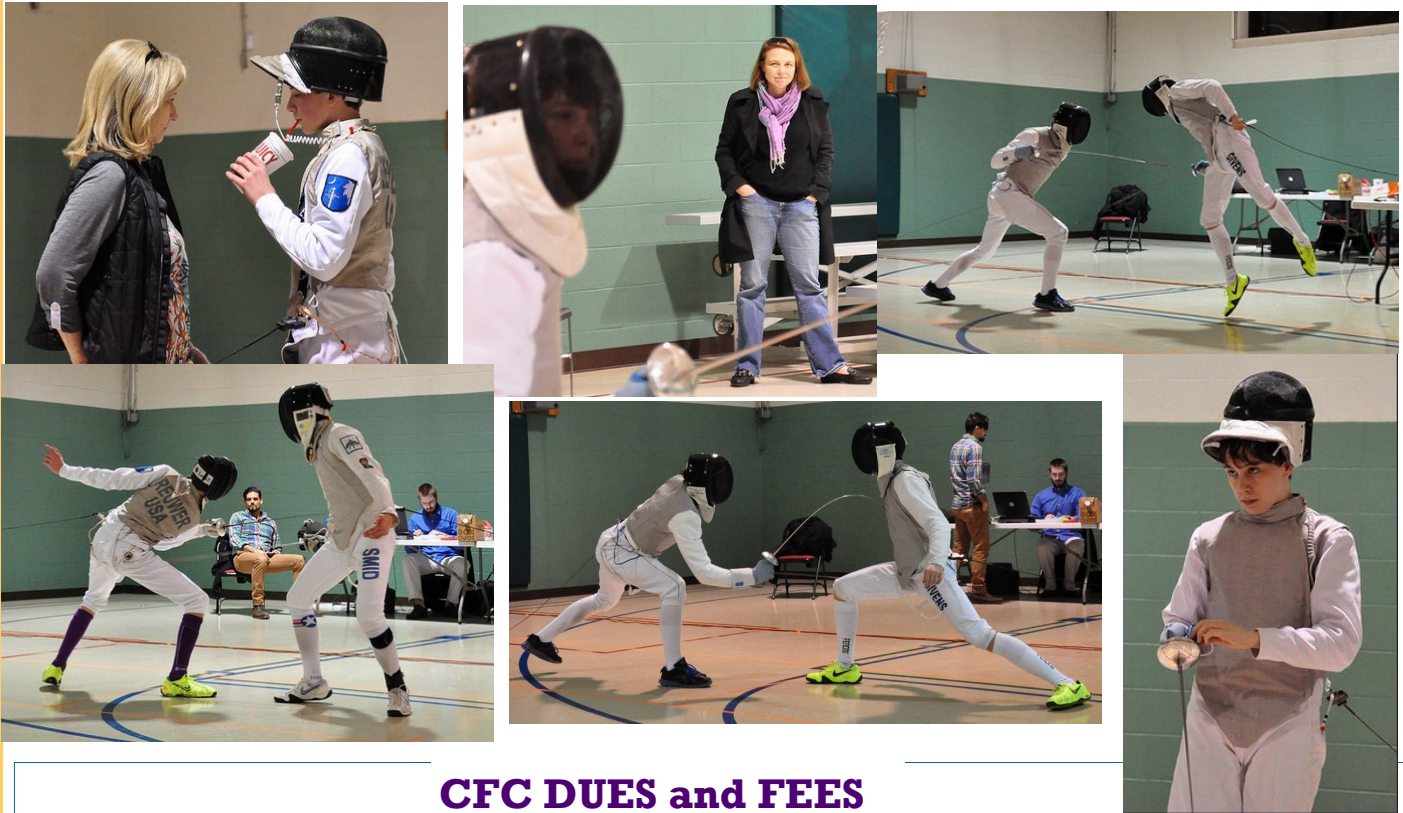
(Team matches consist of nine 5-touch bouts with a time limit of 3 minutes each, so each of the 3 team members fences each of the opposing team members, with an accumulating score of up to 45 touches total.) Enjoy!

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Clement scores at JO's (Photo credit: Mike Kelly)

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More from JO's (Dec. 2015)

Photo Credits: Mike Kelly

## CFC DUES and FEES

**YMCA site:** Dues are due: **Tuesday, Feb. 2 or Thursday, Feb. 4.** (Dues for *new* fencers who start mid-month are pro-rated.) \$10 late charge *after* Th, Feb. 4. No late charge for new fencers.

Ask Jane about Individual Lessons

**CFC dues:** \$60/month (for twice a week fencers) or \$40/month (Tu-only or Th-only)  
Checks payable to "Jane Littmann"

**YMCA Activity Fee (required for fencers who are not YMCA members nor part of Family Memberships):**  
*Ages 9-21: \$25/month. Adults, ages 22 and older: \$30/month.* Checks payable to the "Columbia Downtown YMCA". (YMCA fees go in the same envelope on the sign-in clipboard as your CFC dues.)

### **HARBISON site:**

**Next Session at Harbison: Wednesdays, February 17—March 30  
New Fencers Welcome (Feb. 17)!**

The session has 5 classes and a two week break (no fencing on March 9 and 16).

Planned class times are:

- 4:30 – 5:30 PM** Beginners and Youth
- 5:30 – 6:30 PM** Teens-Adults and Intermediates
- 6:30—6:45 PM** Additional bouting for those who wish to stay

*Class times may be revised to better accommodate the age groups, schedules, and weapons of those interested. New and continuing fencers are asked to please call or email Jane to let me know what's best for you. Later times available.*

Harbison/CFC combined fee: 5-weeks \$96 Nonresidents; \$77 Residents.

**Current USA Fencing Membership at least at the noncompetitive (\$10) level is required of all participants in both programs. CFC is an Insured Member Club of USA Fencing.**

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**YMCA:** The YMCA class meets Tuesdays and Thursdays from 6:30–7:30 pm. **Class begins promptly at 6:30 pm. Please arrive early, and be READY and SUITED UP.** Group instruction is provided for foil and epee.

We will continue to include some bouting during class time after the footwork and blade work drills. We are working on drills that are valuable to practice for all levels of fencers.

Open fencing (additional bouting) at the Y can continue after class as always from 7:30 pm until closing (8:45 pm) for those who wish to stay.

**CFC Plans for the future—** Plans for our upcoming move from the YMCA to a site on the east side of town later this spring are progressing well! We are looking forward to greater space, convenient parking, comfortable temperatures, better floor surface, excellent lighting, opportunities (but no requirement) for full facility membership (pool, weight room), and more! We will announce our new location soon! Input still welcome on days and times that work best for you. We will continue at our Harbison site as well.

## **FOR OUR COMPETITIVE (and soon-to-be competitive) MEMBERS:**

**How Do I Find Out About Tournaments?** Upcoming tournaments and clinics in SC, NC, & GA and around the country can be found at <http://askFRED.net/> (**FRED** is an acronym for **Fencing Results and Events Database**). Be sure to check “AskFRED” regularly as events are frequently added and cancelled. Here are some coming up.

**Sat-Sun, Feb 20-21:** 2016 OFC Grand Prix, Olympic Fencers Club, Johns Creek, GA. Mixed Epee, Div3 Mixed Epee, Mixed Foil, Div3 Mixed Foil, Y10 & Y12 Mixed Foil. [https://askfred.net/Events/wholsComing.php?tournament\\_id=32194](https://askfred.net/Events/wholsComing.php?tournament_id=32194)

**Sat-Sun, Feb 27-28:** Volunteer Open 2016. Univ of TN Fencing Club, Knoxville, TN; Mixed Epee, Div2 Mixed Epee, Mixed Foil, Div2 Mixed Foil, Mixed Saber, Div2 Mixed Saber. [https://askfred.net/Events/wholsComing.php?tournament\\_id=32298](https://askfred.net/Events/wholsComing.php?tournament_id=32298)

**Sat-Sun, Mar 5-6:** Spring Fling 2016. Augusta Fencers Club, Augusta, GA; Mixed-SatEpee; MixedSunFoil; Y-12 Mixed Foil. [https://askfred.net/Events/wholsComing.php?tournament\\_id=30752](https://askfred.net/Events/wholsComing.php?tournament_id=30752)

**Sat-Sun, Mar 12-13:** Seventh Annual Yellow Jacket Open. GA Tech Fencing Club, Atlanta, GA. Mixed Epee, Div3 Mixed Epee, Mixed Foil, Div3 Mixed Foil. Mixed Saber, Div3 Mixed Saber. [https://askfred.net/Events/wholsComing.php?tournament\\_id=32598](https://askfred.net/Events/wholsComing.php?tournament_id=32598)

**Sat. (April 2 or 16):** SC Division Qualifying events to Summer Nationals. (TBA)

**Coaching at Competitions:** If you would like coaching at upcoming competitions, please contact Jane preferably a month ahead of the event.



**Coordinating travel:** If you have car space available, or need transportation, please let me or others in the club know.

**FENCING RULES & refereeing:** Knowing the rules helps you as a fencer, not just as a referee. Read it and learn! The most current rulebook is [http://assets.ngin.com/attachments/document/0085/5875/USA\\_Fencing\\_Rules\\_9-15.pdf](http://assets.ngin.com/attachments/document/0085/5875/USA_Fencing_Rules_9-15.pdf) (**September 2015 edition** is now the most current).

Note: Not all events listed on AskFred are sanctioned (approved) events by USA Fencing and its divisions. Sanctioned events follow USA Fencing rules, are insured through our national governing body, and permit earning classifications according to the strength of the event and final results of the fencers. To enter sanctioned USA Fencing competitions, you must be a 'competitive' member of USA Fencing and have regulation clothing and regulation electric equipment. **Please contact Jane if you have questions about ordering equipment, or entering competitions, e.g., which events might be appropriate for you.**

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## CFC CLUB INFORMATION



**GET-TOGETHERS:** Impromptu. No dates set this month.

**SIGN-IN SHEET:** Please remember to sign-in on the YMCA 4th floor! All names, FIRST AND LAST, are to be PRINTED and LEGIBLE! (This includes Parents and Guests.) *This complies with the YMCA's policies and requirements. (We will enjoy "penalty brownies" from those who forget!)* (Dues and YMCA fees may be left in the envelope attached to the clipboard.)

**CLOTHING SAFETY REMINDERS:** *Legs, ankles, and torso must be fully covered.*

*Long pants with socks, or knickers with long socks are always required for fencing involving any bladework drills and bouts. No holes, shorts, sandals, crocs, or other open shoes or boots are appropriate. Shirts must be long enough to cover your torso. YOU WILL NOT BE ALLOWED TO FENCE IN SHORTS OR SANDALS. Safety comes first.*

**POLICY REMINDER:** No CFC equipment may leave the YMCA or Harbison.

**USA FENCING MEMBERSHIP REQUIREMENT:** All participants at CFC practices must be at least "non-competitive" USA Fencing Members. (New members who joined on or after April 1—your memberships are valid through July 31, 2016.)



You can join, renew, or upgrade your membership *either* at the club *or* online at <https://www.railstation.org/usfencing/MembershipRegistration.aspx> If you join or renew online, please provide verification of your USFA membership to Jane.

**NEW FENCERS?** Know anyone who might be interested in learning to fence? New fencers (youth and adults) are welcome to start throughout the year. No experience or equipment is necessary. Please invite your friends who might be interested in fencing to contact us. Our club meets year round.

As always, best en gardes,

--Jane

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*(If you no longer wish to receive the CFC monthly newsletter, please contact me, and I will remove your name from our mailing list.)*